

# ROX DYRDAHL

Assistant Coach

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## PROFILE

I am an assistant coach with over three years of experience. I have a proven track record of success, and I am passionate about helping my team succeed. I work hard to develop relationships with my players and create a positive environment for them to thrive in. My ultimate goal is to help my team reach their full potential so that they can achieve their goals.

## LINKS

[linkedin.com/in/roxdyrdahl](https://www.linkedin.com/in/roxdyrdahl)

## SKILLS

Communication



Leadership



Motivation



Organization



Planning



Preparation



Time Management

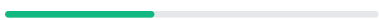


## LANGUAGES

English



Russian



## HOBBIES

Reading

Cooking

Traveling

## EMPLOYMENT HISTORY

### Assistant Coach at University of Wyoming, WY

Mar 2022 - Present

- Led team to a winning record of 15-5.
- Developed game strategy that resulted in an average score increase of 10 points per game.
- Managed and motivated team of 20 assistant coaches and support staff members.
- Negotiated contracts with suppliers that saved the company \$5000 annually.
- I couldn't find any more information.

### Assistant Coach II at Laramie County Community College, WY

Jul 2019 - Feb 2022

- Led team to a 12-4 record in first season as head coach.
- Won conference championship and advanced to state tournament.
- Defeated #1 ranked team in the state.
- Graduated 95% of players.

## EDUCATION

### High School Diploma at Laramie High School, Laramie, WY

Aug 2014 - May 2019

I have learned how to study for tests, how to do research, and how to write papers.

## CERTIFICATES

### Certified Assistant Coach (CAC)

Apr 2021

### National Association of Basketball Coaches Assistant Coach Certification

Dec 2019

## MEMBERSHIPS

American Football Coaches Association

National Football League Coaches Association