

Kamia Capaz

Assistant Coach

Details

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(442) 466-3818

1600 Pennsylvania Ave, Washington, DC 20500

Profile

I have over 3 years of experience as an assistant coach. I am passionate about helping people improve their lives through sports and fitness. I have a proven track record of success in helping people reach their goals. I am knowledgeable in a variety of areas, including nutrition, exercise science, and injury prevention.

Employment History

Assistant Coach at Missouri State University, MO

Mar 2022 - Present

- Led team to a 12-4 record in first season as assistant coach.
- Helped develop game plan that led to upset victory over top-ranked team.
- Worked with individual players on technique and helped them improve their skills.
- Encouraged positive team morale and created a winning culture.
- Was named Assistant Coach of the Year by conference.

Assistant Coach II at University of Missouri, MO

Sep 2019 - Feb 2022

- Led team to a 12-4 record in first season as head coach.
 - Won conference championship.
 - Led team to state semifinals.
 - Named Coach of the Year by local media.
 - Developed 5 all-conference players.
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Education

High School Diploma at Parkway West High School, Ballwin, MO

Aug 2014 - May 2019

I've learned how to study for and take tests, how to do research, and how to write papers.

Links

[linkedin.com/in/kamiacapaz](https://www.linkedin.com/in/kamiacapaz)