

# Freda Grime

## Assistant Coach

I have over three years of experience coaching at the collegiate level. I have a proven track record of success, helping my team to consistently improve and achieve our goals. I am passionate about coaching and developing young athletes, and I am committed to helping them reach their full potential.

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12345 NW 1st Ave, Portland, OR   
97209

### Education

**High School Diploma at  
Beaverton High School,  
Beaverton, OR**

Aug 2014 - May 2019

I've learned how to effectively communicate with others, how to manage my time wisely, and how to think critically.

### Links

[linkedin.com/in/fredagrime](https://www.linkedin.com/in/fredagrime)

### Skills

Communication



Leadership




Motivation



Organization



Planning



Preparation



Time Management



### Languages

English



French



## Employment History

### Assistant Coach at University of Oregon, OR

Apr 2022 - Present

- Led team to 12-4 record in first season as assistant coach.
- Helped develop game plan that led to upset victory over number one ranked team.
- Worked with individual players on improving their skills and technique.
- Monitored player performance and provided feedback to head coach.
- Assisted in the recruitment of new players.

### Assistant Coach II at Oregon State University, OR

Sep 2019 - Feb 2022

- Led team to a 12-4 record in first season as head coach.
- Won conference championship and advanced to the state semifinals.
- Led team to its first undefeated regular season in school history.
- Set program records for wins (32) and winning percentage (.889) in a single season.

## Certificates

### Certified Assistant Coach (CAC)

Mar 2021

### National Association of Basketball Coaches Assistant Coach Certification

Jul 2019

## Memberships

**American Football Coaches Association**

**National Football League Coaches Association**