



Kayren Ryce

Athletic training manager

I am an experienced athletic training manager with over 5 years of experience in the field. I have a proven track record of success in managing and coordinating athletic training programs for both collegiate and professional athletes. I am highly organized and efficient, with a keen eye for detail and a passion for helping athletes reach their full potential. I am also well-versed in injury prevention and rehabilitation protocols, making me an invaluable asset to any team or organization.

kayren.ryce@gmail.com 

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10645 W 114th Pl, Westminster,
CO 80021 

Education

Bachelor of Science in Athletic Training at Mississippi State University

Sep 2012 - May 2017

I have learned how to assess injuries, create rehabilitation programs, and implement preventative strategies.

Links

[linkedin.com/in/kayrenryce](https://www.linkedin.com/in/kayrenryce)

Skills

Athletic training

First aid and CPR

Injury prevention

Rehabilitation exercises

Nutrition for athletes

Strength and conditioning

Psychology of sport

Employment History

Athletic Training Manager at Baptist Memorial Health Care, MS

Mar 2022 - Present

- Led a team of athletic trainers that provided care for 1,200 athletes across 20 sports.
- Reduced the rate of injuries by 30% over the course of one year.
- Implemented new injury prevention protocols that led to a decrease in overall treatment costs by 15%.
- Was named "Athletic Trainer of the Year" by the National Athletic Trainers Association.
- Served as an expert witness in multiple legal cases involving athlete injuries.
- Authored several papers on best practices in athletic training and injury prevention.

Assistant Athletic Training Manager at Methodist Rehabilitation Center, MS

Jul 2017 - Jan 2022

- Led a team of 12 assistant athletic trainers and 2 interns.
- Supervised the development and implementation of rehabilitation programs for injured athletes.
- Monitored athlete's progress during rehabilitation and return-to-play process.
- Coordinated coverage for all home games and practices.
- Maintained inventory of supplies and equipment.
- Prepared monthly reports on budget expenditures.

Certificates

Certified Athletic Trainer (ATC)

Apr 2021

Certified Strength and Conditioning Specialist (CSCS)

Jun 2019

Memberships

American College of Sports Medicine

National Athletic Trainers' Association