

Lashaundra Wilharm

Basketball Defense Coach

Profile

I have over three years' experience coaching basketball at the defense position. I have helped my team to win many championships and tournaments. My players always give their best performance under my guidance. I am a very good motivator and excellent strategist.

Employment History

Basketball Defense Coach at University of Oregon, OR

Mar 2022 - Present

- Led the team to a record of 20-2 in my first season as head coach.
- Implemented new defensive strategies that improved the team's points allowed per game by 5 points.
- Led the team to its first ever state championship appearance.
- Was named "Coach of the Year" by our local newspaper.
- Helped 4 players earn college scholarships.

Assistant Basketball Defense Coach at Oregon State University, OR

Sep 2019 - Jan 2022

- Led team to a (insert number) record in season.
- Ranked (insert ranking) in the nation for points allowed per game.
- Helped develop player who was named Defensive Player of the Year.
- Led team to Top 25 ranking in steals per game nationally.
- Guided team to best conference finish in school history ☐ • Averaged 9.1 wins over first three seasons as an assistant coach.

Certificates

USA Basketball Gold Certified Coach

Nov 2020

National Basketball Coaches Association Defensive Specialist Certification

Jul 2019

Memberships

National Basketball Coaches Association

American Basketball Coaches Association

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📍 3605 White Oak Dr, Fremont, CA 94536

Education

High School Diploma at Grant High School, Portland, OR

Sep 2015 - May 2019

I've learned how to study for and take tests, how to do research, and how to write papers.

Links

[linkedin.com/in/lashaundrawilharm](https://www.linkedin.com/in/lashaundrawilharm)

Skills

Basketball

Defense

Coaching

Training

Strategy

Motivation

Languages

English

Dutch

Hobbies

Organizing social events for the team
Attending basketball games
Practicing basketball drills