

# Gini Steinhilber

Certified home health aide

## Profile

I am a certified home health aide with over three years of experience. I have provided care for elderly, disabled, and terminally ill patients. I am skilled in providing personal care, performing light housekeeping duties, preparing meals, and assisting with medication management. I am compassionate and dedicate myself to providing the best possible care for my patients.

## Employment History

### Certified Home Health Aide at Home Instead Senior Care, AZ

Mar 2022 - Present

- Provided home health care services to patients with chronic illnesses, disabilities, or injuries.
- Assisted patients with activities of daily living such as bathing, dressing, eating, and toileting.
- Monitored vital signs such as blood pressure and pulse rate.
- Administered medication and other treatments according to physician's orders.
- Provided emotional support to patients and their families members.
- Kept detailed records of patient care activities.

### Home Health Aide at BrightStar Care, AZ

Sep 2019 - Jan 2022

- Assisted in wound care for patients with pressure ulcers, resulting in healing of 3 Stage II ulcers within 6 weeks.
- Monitored vitals signs and charted changes for 5 home-bound patients on a daily basis.
- Performed light housekeeping duties such as laundry and dishes for 4 elderly clients.
- Prepared nutritious meals according to each patient's individualized diet plan.
- Assisted 2 physically disabled clients with bathing and dressing.
- Transported 1 client to doctor appointments and physical therapy sessions twice a week.

## Certificates

### Certified Home Health Aide (CHHA)

May 2021

### Certified Nursing Assistant (CNA)

Dec 2019

✉ [gini.steinhilber@gmail.com](mailto:gini.steinhilber@gmail.com)

☎ (349) 410-6082

📍 7643 Hillcrest Dr, Scottsdale, AZ 85255

## Education

### Certified Home Health Aide at Glendale Community College, Glendale, AZ

Sep 2015 - May 2019

I have learned how to take care of elderly people in their homes.

## Links

[linkedin.com/in/ginisteinhilber](https://www.linkedin.com/in/ginisteinhilber)

## Skills

Personal care

Light housekeeping

Meal preparation

Medication reminders

Transportation assistance

Laundry assistance

Companionship

## Languages

English

Portuguese