Darci Skeem

Certified Lactation Counselor

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(195) 713-5748

6621 Winona Ct, Dublin, OH 43017

EDUCATION

Certified Lactation Counselor at

The Ohio State University Aug 2015 - May 2019 I have learned how to support mothers in starting and continuing to breastfeed their babies.

LINKS

linkedin.com/in/darciskeem

SKILLS

Breastfeeding

Lactation

Breastmilk production

Nursing positions and latch techniques

Pumping and milk storage

Recognizing and addressing common breastfeeding challenges

Counseling skills

LANGUAGES

English

French

HOBBIES

Reading Gardening Crafting

PROFILE

I have over three years of experience as a Certified Lactation Counselor. I have helped mothers with breastfeeding issues ranging from latch to weaning. I am passionate about helping mothers reach their breastfeeding goals and providing support during this special time. In addition to my counseling services, I also provide lactation education and resources.

EMPLOYMENT HISTORY

Certified Lactation Counselor at La Leche League International, OH

Mar 2022 - Present

- Successfully counseled over 200 breastfeeding mothers on proper latch techniques, milk production, and weaning.
- Successfully increased the rates of exclusive breastfeeding in hospital from 30% to 70%.
- Authored a successful grant which resulted in \$10,000 worth of funding for a new lactation room and equipment.
- Successfully implemented a peer-to-peer support program for new mothers which has shown to reduce anxiety and depression scores by 50%.
- Led educational sessions on proper infant nutrition for over 500 expectant parents.

Lactation Counselor at Ohio Breastfeeding Alliance, OH

Jul 2019 - Feb 2022

- Counseled 500 new and expecting mothers on breastfeeding techniques.
- Led 200 lactation support groups.
- Trained 100 hospital staff members on proper breastfeeding protocol.
- Authored 50 articles on various aspects of lactation for popular parenting magazines.
- Presented at 10 national conferences on topics related to lactation counseling.

CERTIFICATES

Certified Lactation Counselor (CLC)

Feb 2021

Board Certified Lactation Consultant (IBCLC)

Jul 2019

MEMBERSHIPS

International Lactation Consultant Association (ILCA)

Academy of Lactation Policy and Practice (ALPP)