# Conda Arjes

# **Certified Massage Therapist**

I am a certified massage therapist with over 1 year of experience. I have worked with clients of all ages and backgrounds, and have helped them to achieve their desired results. I am passionate about my work and take great pride in providing quality service. I believe that massage therapy is an essential part of overall health and wellness, and I am dedicated to helping others improve their lives through this modality.

conda.arjes@gmail.com



(635) 957-6221



8819 Roosevelt Blvd, New 💽 Orleans, LA 70127



#### Education

**Certified Massage Therapist** at Louisiana State University, Baton Rouge, LA

Aug 2017 - May 2021

I have learned how to communicate with clients, how to understand the body, and how to give a massage.

#### Links

linkedin.com/in/condaarjes

# Skills

Massage techniques

Anatomy and physiology

Kinesiology

Pathology

**Business skills** 

**Ethics** 

#### Languages

English

Spanish

# **Employment History**

### Certified Massage Therapist at Blue Sky Therapy, LA

Jun 2022 - Present

- I increased my clientele by 20% through word-of-mouth referrals.
- I maintained a 97% satisfaction rating among my clients.
- I was able to upsell additional services to 70% of my clients.
- I decreased the average length of each massage session by 5 minutes without sacrificing quality or income.
- I successfully completed continuing education courses on deep tissue massage and trigger point therapy.

#### Massage Therapist at Massage Heights, LA

Sep 2021 - May 2022

- I increased my client base by 20% through word-of-mouth referrals.
- I successfully completed a 600-hour massage therapy program.
- I have worked as a professional massage therapist for 5 years.
- I am certified in Swedish, Deep Tissue, and Sports Massage techniques.
- I have provided over 2,000 massages during my career thus far.

#### Certificates

**Certified Massage Therapist (CMT)** 

Dec 2020

## **Certified Reflexologist**

Sep 2019

# **Memberships**

**American Massage Therapy Association** 

National Certification Board for Therapeutic Massage & **Bodywork**