Thressa Dimitrova

Certified Nurse Midwife

Profile

As a certified nurse midwife, I have over three years of experience providing primary care to women throughout their lifespan. My scope of practice includes well-woman gynecologic care, family planning counseling, preconception counseling, labor and delivery support, postpartum care, and newborn nursery visits. In addition to my clinical work, I am also responsible for the education and supervision of nursing students in our OB/GYN department.

Employment History

Certified Nurse Midwife at Daughters of Charity Services of Louisville, KY

Jun 2022 - Present

- I delivered over 500 babies during my career as a Certified Nurse Midwife.
- I provided care and support to countless mothers during their pregnancies, births, and postpartum periods.
- I educated new parents on breastfeeding, infant care, and parenting skills.
- I advocated for the rights of women and families in the birthing process.
- I collaborated with other health care providers to ensure that each patient received comprehensive care.".

Nurse Midwife at Women's Care of Kentucky, KY

Sep 2019 - May 2022

- Led a team of 4 nurses and 2 CNMs in providing care for 80 women during their pregnancies.
- Acted as primary caregiver for 40 pregnant women, delivering 10 babies vaginally and 5 by C-section.
- Provided well-woman gynecological care to 200 patients annually.
- Trained new staff members on evidence based practice guidelines related to Obstetrics & Gynecology.
- Presented at 3 national conferences on the topic of Nurse Midwifery Care.

Education

Certified Nurse Midwife at University of Kentucky, Lexington, KY

Aug 2014 - May 2019

Communication, critical thinking, and clinical skills.

Certificates

Certified Nurse Midwife (CNM)

May 2021

American Midwifery Certification Board (AMCB)

Feb 2020

Details

<u>thressa.dimitrova@gmail.com</u> (709) 903-9359 321 Elm St, Louisville, KY 40202

Links

linkedin.com/in/thressadimitrova

Skills

Anatomy

Physiology

Pharmacology

Obstetrics

Gynecology

Neonatology

Pediatrics

Languages

English

Russian

Hobbies

Reading Cooking Traveling