

Chamika Bevard

Certified Nutritionist

I am a certified nutritionist with over 5 years of experience. I have worked with clients of all ages and backgrounds, helping them to improve their overall health and well-being. I am passionate about education and empowerment, and firmly believe that everyone has the right to know how best to nourish their bodies. In addition to one-on-one counseling, I also enjoy teaching group classes on various topics related to nutrition and health.

chamika.bevard@gmail.com



(132) 603-0123



1299 Washington Ave, WA 98109



Education

Certified Nutritionist: Bachelor of Science in Nutrition at Washington State University

Aug 2013 - May 2017

I have learned how to evaluate and interpret scientific research on food, nutrients, and diet-related health outcomes.

I have also gained skills in designing and conducting my own research studies, as well as communicating my findings to others.

Links

[linkedin.com/in/chamikabevard](https://www.linkedin.com/in/chamikabevard)

Skills

Nutrition



Diet



Health



Food Science



Chemistry



Biology



Anatomy



Employment History

Certified Nutritionist at Washington State University, WA

Mar 2022 - Present

- Designed and implemented nutrition education programs for underserved populations.
- Conducted research on the impact of diet on chronic disease.
- Authored publications in peer-reviewed journals on topics related to nutrition and health.
- Presented at national conferences on findings from original research projects.
- Served as a media spokesperson for [organization] on issues related to nutrition and health.
- Led a team of 5 Registered Dietitian Nutritionists in developing evidence-based clinical practice guidelines.

Nutritionist at Bastyr University, WA

Sep 2017 - Feb 2022

- Led a team of 5 nutritionists in developing and implementing new dietary guidelines for patients with heart disease.
- Successfully created and implemented a weight loss plan for 100 obese clients that resulted in an average weight loss of 20 pounds per client.
- Counseled 200 pregnant women on the importance of proper nutrition during pregnancy, resulting in healthier babies with fewer birth defects.
- Authored a best-selling book on healthy eating habits that has sold over 500,000 copies worldwide.
- Appeared as a guest expert on numerous television shows such as The Today Show, Good Morning America, and CBS This Morning to discuss the latest nutritional research findings.
- Received multiple awards from professional organizations such as the American Dietetic Association and the Academy of Nutrition and Dietetics for outstanding contributions to the field of nutrition.

Certificates

Certified Nutrition Specialist (CNS)

Jan 2021

Board Certified in Holistic Nutrition (BCHN)

Sep 2019