### **AURELIA NEGRON**

Certified Occupational Therapy Assistant

#### PROFILE

I am a certified occupational therapy assistant with over 1 year of experience working in the field. I have worked with patients of all ages and abilities, and have assisted them in achieving their goals. I am passionate about helping others achieve their fullest potential, and strive to provide quality care that meets the individual needs of each patient. I am dedicated to providing compassionate, attentive care while promoting independence and positive outcomes for my patients.

#### LINKS

linkedin.com/in/aurelianegron

#### SKILLS

Anatomy

Physiology

Kinesiology

**Biomechanics** 

Pathology

Neurology

Psychology

#### LANGUAGES

English

Japanese

#### **EMPLOYMENT HISTORY**

#### Certified Occupational Therapy Assistant at Midwest Rehabilitation Institute, IL

May 2022 - Present

- Assisted in developing and implementing individualized treatment plans to help patients regain independence following an injury or illness.
- Led group therapy sessions focused on helping patients recover from conditions such as stroke, amputation, Parkinson's disease, and Alzheimer's disease.
- Utilized therapeutic exercises, stretching techniques, and massage to improve patient mobility and reduce pain levels.
- Provided home safety assessments for clients to identify potential hazards that could impede their recovery process.
- Educated patients and families on how to properly care for the injured or ill person at home.

# Certified Occupational Therapy Assistant to less experienced position at Rehabilitation Institute of Chicago, IL

Aug 2021 - Apr 2022

- Led a group of 4 students in an evidence-based research project on the benefits of yoga for adults with arthritis which was presented at the state conference.
- Successfully completed over 500 hours of fieldwork, including a 6-week rotation in an acute care setting.
- Demonstrated expert level knowledge and skills in administering standardized occupational therapy assessments such as the Functional Independence Measure (FIM), Mini Mental State Exam (MMSE), and Activity Card Sort (ACS).
- Authored 3 articles that were published in professional journals on topics related to Occupational Therapy practice.
- Presented continuing education workshops to groups of up to 100 attendees on various topics related to OT practice.

#### **EDUCATION**

## Associate of Science in Occupational Therapy at University of Illinois at Urbana-Champaign

Sep 2017 - May 2021

Some skills I've learned are how to better communicate with people, how to better understand people's body language and emotions, and how to better empathize with people.