

Yoko Benitez

Clinical Social Worker

✉ yoko.benitez@gmail.com
☎ (580) 568-7746
📍 8600 Rocky Ridge Rd, Sandy Spring, MD 20860

Education

Master of Social Work at University of Maryland, Baltimore

Aug 2015 - May 2019

I have learned how to critically think about social problems and develop interventions to address them.

Links

[linkedin.com/in/yokobenitez](https://www.linkedin.com/in/yokobenitez)

Skills

Clinical assessment

Psychotherapy

Crisis intervention

Case management

Group therapy

Community mental health
interventions

Psychoeducation

Languages

English

Italian

Profile

I am a Clinical Social Worker with over 3 years of experience working in the field. I have worked with clients of all ages and backgrounds, and have experience providing individual, family, and group therapy. I am passionate about helping others overcome challenges in their lives, and strive to create an environment that is supportive and safe for my clients. I believe that every person has the ability to grow and change, given the right support system.

Employment History

Clinical Social Worker at National Institute of Mental Health, MD

Mar 2022 - Present

- Provided individual therapy to 15 clients per week on average.
- Led 3 weekly group sessions focused on anger management and coping skills.
- Participated in 10 case consults each month with other clinicians on the team.
- Wrote 5 progress notes daily documenting client goals, treatment plan updates, and interventions used during session.
- Attended 1 clinical supervision meeting per week for 60 minutes each time.
- Completed all necessary paperwork (intake forms, insurance authorizations) within 24 hours of receiving it.

Social Worker at Social Security Administration, MD

Aug 2019 - Feb 2022

- Negotiated lower interest rates for clients with \$87,000 in credit card debt.
- Saved client \$15,000/year in out-of-pocket costs by enrolling them in government benefits program.
- Helped client obtain a job after being unemployed for 2 years.
- Secured housing for homeless client within 72 hours of initial contact.
- Negotiated release from prison for first time offender serving 3 year sentence.

Certificates

Licensed Clinical Social Worker (LCSW)

Jan 2021

Certified Advanced Alcohol and Drug Counselor (CAADC)

Apr 2019

Memberships

National Association of Social Workers

American Psychiatric Association