

Shayne Smethers

Clinical social worker

Details

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Profile

I am a Clinical Social Worker with over 3 years of experience. I have worked in a variety of settings, including hospitals, community mental health centers, and private practices. I have extensive experience providing individual, group, and family therapy. I am skilled in working with clients who have experienced trauma, as well as those struggling with anxiety, depression, and other mental health issues. I am passionate about helping others heal and reach their full potential.

Employment History

Clinical Social Worker at West Virginia Department of Health and Human Resources, WV

May 2022 - Present

- Successfully completed a 12-week long clinical social work internship at an outpatient mental health clinic.
- Assisted in the implementation of a new evidence-based treatment program for clients with substance abuse disorders.
- Successfully advocated for increased funding for client services from local government officials.
- Successfully helped to develop and implement a new community outreach program aimed at reducing stigma surrounding mental illness.
- Organized and led weekly support groups for caregivers of individuals with Alzheimer's disease.
- Facilitated individual counseling sessions with clients experiencing anxiety, depression, and relationship difficulties.

Social Worker at West Virginia Bureau for Behavioral Health and Health Facilities, WV

Aug 2019 - Mar 2022

- Successfully completed undergraduate and graduate social work programs.
- Licensed as a Clinical Social Worker in the state of Michigan.
- Worked for over 20 years as a social worker in a variety of settings including schools, hospitals, community mental health agencies, and private practice.
- Successfully advocated for individual clients and families to obtain needed services from public and private agencies.
- Served on various boards and committees at the local, state, and national level related to social work policy and advocacy.
- Presented workshops on topics such as grief counseling, parenting skills training, stress management techniques.