


# Audrie Swait

## Cook

I am a highly experienced cook with over three years of experience in the field. I have worked in both restaurants and catering companies, and have gained a wealth of knowledge in all aspects of cooking. I am extremely passionate about food and creating new dishes, and thrive under pressure. I am confident in my ability to work independently or as part of a team, and always strive to produce the highest quality product possible.

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## Education

### High School Diploma at Bennington College, VT

Aug 2014 - May 2019

Some skills I've learned are time management, organization, and how to study for exams.

## Links

[linkedin.com/in/audrieswait](https://www.linkedin.com/in/audrieswait)

## Skills

Knife skills



Culinary knowledge



Food safety



Sanitation



Time management



Organizational skills



Creativity



## Languages

English



Spanish



## Employment History

### Head Cook at Cook Kettle, VT

Jun 2022 - Present

- Led a team of 5 cooks and 2 dishwashers to produce 3000 meals per day.
- Implemented new cooking techniques that reduced food waste by 20%.
- Trained 3 new cooks in the kitchen's procedures and recipes.
- Created weekly specials that increased customer satisfaction ratings by 4%.
- Successfully catered 10 events with up to 500 guests.
- Worked with the Head Chef to develop innovative menu items.

### Cook II at Cook's Kitchen, VT

Jul 2019 - May 2022

- Led a team of 4 cooks in preparing meals for 100 guests.
- Prepared daily specials that were well received by customers.
- Trained 2 new cooks on the proper way to prepare and cook food.
- Implemented new cooking methods that increased efficiency by 20%.
- Reduced food waste by 25% through careful portioning and menu planning.
- Kept work area clean and organized at all times.

## Certificates

### Certified Executive Chef

Mar 2021

### Certified Sous Chef

Aug 2019

## Memberships

American Culinary Federation

World Association of Chefs' Societies