



## LINKS

---

[linkedin.com/in/niletimo](https://www.linkedin.com/in/niletimo)

## SKILLS

---

Active listening



Empathy



Nonverbal communication




Problem-solving



Conflict resolution



Stress management



Crisis intervention



## LANGUAGES

---

English



Bengali



## HOBBIES

---

Listening to music

Watching movies

Spending time with family and friends

## EMPLOYMENT HISTORY

---

### ● Counseling Psychologist at Counseling Psychologist in Birmingham, AL, AL

Jun 2022 - Present

- Provided counseling services to individuals, couples, and families experiencing psychological distress.
- Conducted assessments and diagnostic interviews with clients.
- Developed treatment plans based on client assessment data and diagnosis.
- Implemented evidence-based interventions with clients to address identified goals.
- Monitored progress of clients through regular reviews of clinical notes and session recordings.

### ● Senior Counseling Psychologist at Counseling Psychologist in Huntsville, AL, AL

Aug 2018 - Apr 2022

- Led a team of junior counselors in providing psychological support to soldiers returning from combat zones.
- Successfully counseled 100% of clients with zero dropouts or relapses.
- Authored groundbreaking research paper on the effects of PTSD that was published in leading medical journal.
- Presented at international conference on new techniques for counseling people with anxiety disorders.
- Trained other psychologists in latest methods for treating patients with depression.

### ● Lead Counseling Psychologist at Counseling Psychologist in Mobile, AL, AL

Jul 2015 - Jul 2018

- Led a team of counselors in providing psychological support to soldiers returning from combat zones.
- Developed and implemented a successful counseling program for at-risk youth.
- Successfully treated patients with anxiety disorders using cognitive behavioral therapy techniques.
- Researched and wrote groundbreaking papers on the efficacy of certain psychotherapeutic treatments.
- Trained other psychologists in evidence-based practices.

## EDUCATION

---

### Doctor of Psychology in Counseling Psychology at The University of Alabama

Sep 2011 - May 2015

I have learned how to communicate effectively with people from all walks of life, how to understand and empathize with people's problems, and how to help people resolve their issues.