

SHENICKA GUASP

Counselor

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(158) 901-6828

2524 Whitehall Dr, Ann Arbor, MI 48105



PROFILE

Over 3 years of experience as a counselor. I have worked with clients of all ages, from young children to adults, and have helped them work through a variety of issues such as trauma, anxiety, depression, grief, and more. I am passionate about helping others heal and grow, and believe that counseling can be an incredibly powerful tool in making positive changes in one's life. I am dedicated to creating a safe and supportive environment for my clients where they can feel free to explore their thoughts and feelings openly without judgement.

LINKS

[linkedin.com/in/shenickaguasp](https://www.linkedin.com/in/shenickaguasp)

SKILLS

Active listening



Empathy



Nonverbal communication



Problem-solving



Conflict resolution



Stress management



Crisis intervention



LANGUAGES

English



Italian



EMPLOYMENT HISTORY

● Counselor at Gibson Counseling, MI

Apr 2022 - Present

- Provided counseling to 100 individuals with mental health disorders.
- Led 10 support groups for individuals with depression.
- Trained 5 new counselors in evidence-based practices.
- Presented at 3 national conferences on the topic of anxiety disorders.
- Authored 2 book chapters on the topics of grief and loss.

● Associate Counselor at Lakeview Counseling, MI

Jul 2019 - Mar 2022

- Successfully represented 100 clients in court.
- Successfully negotiated 50 plea bargains.
- Won 25% of jury trials.
- Secured early release for 10% of clients.
- Reduced sentences for 20% of clients.

EDUCATION

Master of Science in Counseling at University of Michigan

Sep 2015 - May 2019

I have learned how to effectively counsel people through the use of different techniques.

CERTIFICATES

Licensed Professional Counselor (LPC)

Aug 2020

National Certified Counselor (NCC)

Jan 2019

MEMBERSHIPS

American Counseling Association

National Board for Certified Counselors