Lynnsey Hicken

Goalkeeper Coach

Profile

I have over 5 years of experience as a goalkeeper coach. I have worked with goalkeepers of all ages and levels, from beginner to professional. I am passionate about helping goalkeepers improve their skills and reach their potential. I am patient and knowledgeable, and I love seeing my students succeed.

Employment History

Goalkeeper Coach at Alex Brown Goalkeeping, NY

Mar 2022 - Present

- Trained over 50 goalkeepers in the last 5 years.
- Coached a Division 1 goalkeeper who set multiple school records and was named an All-American.
- Helped develop 3 professional level goalkeepers.
- Created training programs that have been used by coaches all over the world.
- Wrote 2 books on goalkeeper coaching.
- Goalkeeper Training Programs:.
- 1.0The Complete Guide to Goalkeeper Training.
- 2.1 The Ultimate Goalkeeper Training Program.

Assistant Goalkeeper Coach at , NY

Aug 2017 - Jan 2022

- Assisted in the development and implementation of training programs for all goalkeepers.
- Monitored goalkeeper performance during matches and trainings, provided feedback to improve their game.
- Led weekly individual and group goalkeeper trainings sessions.
- Communicated with head coach regarding player progress and potential changes to lineup or strategy affecting goalkeepers.
- Assisted in scouting opponents to identify strengths/weaknesses and develop game plan accordingly.
- Managed team's budget for goalkeeper equipment purchases.

Education

High School Diploma at High School of American Studies at Lehman College

Sep 2013 - May 2017

I've learned how to be organized, how to study for exams, and how to time manage.

Certificates

National Soccer Coaches Association of America (NSCAA) Goalkeeper Level 1 Diploma Jun 2021

United States Soccer Federation (USSF) National "D" License Sep 2019

Details

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Links

linkedin.com/in/lynnseyhicken

Skills

Soccer

Goalkeeping

Training

Tactics

Strategy

Communication

Languages

English

Japanese

Hobbies

Organizing training sessions and planning for future matches

Reviewing game footage and identifying areas for improvement

Working with individual goalkeepers on their technique