# JOHNETTE RAWDON

Hand Occupational Therapist



### **PROFILE**

I am a Hand Occupational
Therapist with over 1 year of
experience. I have worked in both
inpatient and outpatient settings,
helping patients regain function
and quality of life after injury or
illness. I am skilled in custom
splinting, wound care, therapeutic
exercise, patient education, and
documentation. I am passionate
about helping my patients reach
their goals and return to the things
they love doing.

### LINKS

linkedin.com/in/johnetterawdon

### **SKILLS**

Anatomy

Physiology

**Biomechanics** 

Kinesiology

Psychology

Neurology

### **LANGUAGES**

English

Mandarin

#### **HOBBIES**

Swimming

Running

Weightlifting

### **EMPLOYMENT HISTORY**

## Hand Occupational Therapist at Rehabilitation Centers of Mississippi, MS

Mar 2022 - Present

- Reduced patient's pain level from a 7 to a 4 on a scale of 1-10 within 2 weeks through the use of massage and stretching techniques.
- Increased patient's range of motion by 50% in 3 weeks through the use of exercises and manual therapy.
- Educated patients and caregivers on proper ergonomics, body mechanics, and self-care strategies to prevent further injury.
- Helped patient regain independence with activities of daily living such as bathing, dressing, grooming, etc.
- Designed individualized home exercise programs for patients to continue their progress outside of therapy sessions.

# Occupational Therapist at Mississippi Therapy Services, MS

Sep 2021 - Jan 2022

- Successfully implemented an occupational therapy program for a school district with over 2,000 students.
- Established and managed an outpatient clinic specializing in treating patients with neurological conditions.
- Developed a new treatment protocol that improved patient outcomes by 30%.
- Trained 5 new occupational therapists in my clinical specialty.
- Presented at 3 national conferences on the topic of using virtual reality to improve motor skills in stroke patients.

### **EDUCATION**

# Associate of Science in Occupational Therapy at Mississippi State University

Aug 2017 - May 2021

Some skills I've learned are how to better communicate with people, how to better understand people's emotions and needs, and how to better collaborate with others.

#### **CERTIFICATES**

### **Certified Hand Therapist (CHT)**

Sep 2020

### **Certified Lymphedema Therapist**

Nov 2018

### **MEMBERSHIPS**

American Occupational Therapy Association

National Board for Certification in Occupational Therapy