Lakyra Gasmen

Head Coach

Employment History

Head Coach at John Wooden, NC

May 2022 - Present

- Led team to a record of 12-4, winning the division championship.
- Won 3 playoff games, including a victory in the conference championship game.
- Led team to its first ever appearance in the Super Bowl.
- Team ranked #1 in scoring defense and #2 in rushing defense during regular season.

Assistant Head Coach at Phil Jackson, NC

Jul 2019 - Apr 2022

- Led team to a 12-4 record and a berth in the conference championship game.
- Coordinated recruiting efforts that landed 6 top prospects.
- Developed game plans that led to victories over ranked opponents.
- Helped mentor 3 players who went on to become All-Conference selections.
- Served as liaison between head coach and player personnel staff.

Associate Head Coach at Red Auerbach, NC

Sep 2015 - May 2019

- Led team to a record of 12-4, ranking second in the conference.
- Defeated ranked opponents in four out of six games.
- Led team to its first appearance in the national championship game.
- Coordinated recruiting efforts that resulted in signing five top prospects.

Education

High School Diploma at East Carolina University, NC

Sep 2010 - May 2015

I've learned how to communicate with people, how to work in a team, how to use different software programs, and how to think critically.

@ Certificates

Certified Strength and Conditioning Specialist (CSCS)

Dec 2020

Certified Personal Trainer (CPT)

Sep 2019

@ Memberships

National Football League (NFL)

American Football Coaches Association (AFCA)

Details

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Links

linkedin.com/in/lakyragasmen

Skills

Motivation

Communication

Organization

Strategy

Game planning

Player development • Xs and Os

Languages

English

Urdu

Hobbies

Basketball

Football

Baseball