

# ZADA GASSER

Health educator

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## PROFILE

I am a health educator with over 1 year of experience. I have worked in various settings, including community health centers, hospitals, and schools. I have developed expertise in developing and delivering educational programs on topics such as chronic disease prevention, nutrition, and physical activity. My skills include program planning and implementation, needs assessment, curriculum development, group facilitation, individual counseling, and public speaking. I am passionate about promoting healthy lifestyles and helping people to prevent chronic diseases.

## LINKS

[linkedin.com/in/zadagasser](https://www.linkedin.com/in/zadagasser)

## SKILLS

Health education

Health promotion

Disease prevention

Community health

Public health

Healthcare administration

Health policy

## LANGUAGES

English

Russian

## EMPLOYMENT HISTORY

### ● Health Educator at Hartford HealthCare, CT

Mar 2022 - Present

- Led a team of 8 health educators in developing and implementing an employee wellness program that resulted in a decrease in sick days by 15%.
- Successfully created and taught 10 new health education classes on topics such as nutrition, stress management, and exercise.
- Trained 5 new employees on proper blood draw techniques resulting in less errors and complaints from patients.
- Worked with local businesses to develop partnerships that provided free or discounted gym memberships for employees. This led to an increase in participation rates by 20%.

### ● Health Education Specialist at University of Connecticut Health Center, CT

Jul 2021 - Feb 2022

- Led a team of 5 health educators in developing and implementing an employee wellness program for a company of 100 employees.
- Designed and implemented a community-wide diabetes prevention program that reached 500 participants.
- Trained 50 new health educators on best practices in health education programming.
- Authored 3 peer-reviewed journal articles on topics related to health promotion and disease prevention.

## EDUCATION

### Bachelor of Science in Health Education at Yale University, CT

Sep 2016 - May 2021

Some skills I've learned are critical thinking, problem solving, research, and writing.

## CERTIFICATES

### Certified Health Education Specialist (CHES)

May 2021

### Master Certified Health Education Specialist (MCHES)

Jun 2019

## MEMBERSHIPS

American Association for Health Education

National Association for Health Education