

Shreena Gudenkauf

Health educator

Profile

Employment History

Education

Links

Details

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2304 Pineapple Ave, Sarasota, FL 34239

I have over 1 year of experience as a health educator. I am passionate about helping people to improve their health and wellbeing. I have worked in a variety of settings, including schools, community centres and hospitals. I am an excellent communicator and have the ability to engage with people from all walks of life. I am also well-organized and can manage my time effectively.

Health Educator at Patient advocate, FL

Mar 2022 - Present

- Trained 50 health educators on new curriculum.
- Implemented a new wellness program that resulted in 80% of employees completing the program.
- Presented at 3 national conferences on health education topics.
- Authored 2 peer-reviewed articles on health education research.
- Led a team of 5 health educators in developing and implementing a community outreach project.

Health Education Specialist at Health educator, FL

Sep 2021 - Jan 2022

- Created and implemented a health education program that reached over 1,000 students in grades K-12.
 - Led a team of 10 health educators to develop and implement monthly wellness workshops for employees at a local company.
 - Presented on the importance of healthy eating habits at a conference with over 200 attendees.
 - Wrote an article on tips for staying healthy during cold and flu season that was published in a local newspaper with circulation of 50,000+.
 - Organized and led a 5k race/walk to raise awareness about heart disease which had 400 participants.
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Bachelor of Science in Health Education at University of Florida, FL

Sep 2016 - May 2021

Some skills I've learned are: how to develop and implement health education programs, how to teach individuals and groups about health topics, how to conduct research on health topics, and how to write about health topics.

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