

Neva Sakihara

Home health aide

Profile

I have over 3 years of experience as a home health aide. I am reliable, compassionate, and dedicated to providing the best possible care for my patients. I have a strong work ethic and take pride in my ability to provide quality care. I am also skilled in light housekeeping duties and can provide transportation if needed.

Employment History

Home Health Aide at Home Health Aide Services of West Virginia, WV

May 2022 - Present

- Assisted client with activities of daily living, including bathing, dressing, grooming and toileting.
- Monitored vital signs such as blood pressure and temperature.
- Prepared meals according to clients' dietary restrictions and preferences.
- Administered medications prescribed by the physician in accordance with agency policy.
- Provided companionship and emotional support to clients.
- Performed light housekeeping tasks such as vacuuming, dusting and laundry.

Home Health Aide II at Home Instead Senior Care, WV

Jul 2019 - Apr 2022

- Assisted elderly client with activities of daily living, including bathing, dressing, grooming and toileting.
- Transported clients to doctor appointments and errands as needed.
- Prepared meals according to each client's dietary restrictions and preferences.
- Monitored vital signs such as blood pressure, pulse and respiration rate.
- Administered medications prescribed by the physician in accordance with agency policies and procedures.
- Kept detailed records of care provided.

Education

Home health aide diploma at West Virginia University, WV

Sep 2014 - May 2019

I have learned how to provide quality care to patients in their homes, how to communicate with patients and their families, and how to document care.

Certificates

Home Health Aide Certification

May 2021

Certified Nursing Assistant

Mar 2020

Details

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Links

[linkedin.com/in/nevasakihara](https://www.linkedin.com/in/nevasakihara)

Skills

Personal care



Light housekeeping



Meal preparation



Medication reminders



Transportation assistance



Laundry assistance



Companionship



Languages

English



Arabic



Hobbies

Listening to music

Watching movies

Spending time with family and friends