PEYTON MATSUSHIMA

International Board Certified Lactation Consultant



PROFILE

I have over 5 years of experience as an International Board Certified Lactation Consultant. I am passionate about helping mothers to breastfeed their babies and providing them with the support they need to overcome any challenges they may face. I have a wealth of knowledge and experience in this area, and I am confident that I can provide families with the guidance and support they need to successfully breastfeed their baby.

LINKS

linkedin.com/in/peytonmatsushima

SKILLS

Breastfeeding

Lactation

Breastmilk production

Nursing management

Infant feeding

Child development

Parent education

LANGUAGES

English

Urdu

EMPLOYMENT HISTORY

 International Board Certified Lactation Consultant at The Lactation Consultant Group, OH

Apr 2022 - Present

- Assisted X number of mothers in achieving their breastfeeding goals.
- Taught Y number of classes on breastfeeding.
- Conducted Z number of lactation consultations.
- Helped A families successfully breastfeed through B challenges.
- Contributed to increasing the rate of exclusive breastfeeding in C community by D%.
- Lactation Consultant at The Breastfeeding Center of Greater Cleveland, OH

Jul 2017 - Mar 2022

- Assisted in increasing the breastfeeding rates of a maternity ward from 30% to 80% within 6 months.
- Successfully implemented new policies and procedures regarding lactation support which resulted in a decrease in complaints by mothers by 50%.
- Trained over 100 staff members on proper protocol for assisting mothers with breastfeeding.
- Authored an article for a medical journal on successful strategies for overcoming common obstacles to breastfeeding.
- Created and led monthly educational seminars on various topics related to lactation for expectant and new parents.

EDUCATION

International Board Certified Lactation Consultant at Case Western Reserve University, OH

Sep 2013 - May 2017

I've learned how to support breastfeeding mothers and how to troubleshoot breastfeeding problems.

CERTIFICATES

International Board Certified Lactation Consultant (IBCLC)

Feb 2021

Certified Lactation Counselor (CLC)

Aug 2019

MEMBERSHIPS

International Lactation Consultant Association (ILCA)

Academy of Lactation Policy and Practice (ALPP)