

Shaunee Zerbel

Licensed Clinical
Marriage and Family
Therapist (LCMFT)

Profile

Details

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(682) 931-0940

1234 Elm Street, Cheyenne, WY 82001

I have over three years of experience as a Licensed Clinical Marriage and Family Therapist. I have worked with clients of all ages, from children to adults, and helped them work through a variety of issues such as anxiety, depression, relationship problems, family conflict, and more. I am passionate about helping people improve their lives and relationships, and I believe that therapy can be an incredibly powerful tool for doing so. I am dedicated to providing my clients with high-quality care that is tailored to their individual needs.

Employment History

Licensed Clinical Marriage and Family Therapist (LCMFT) at Cheyenne Family Counseling, WY

Apr 2022 - Present

- Led a team of 5 counselors in providing therapy to 60 families.
- Authored "The Impact of Family Therapy on Children's Mental Health", which was published in the Journal of Clinical Psychology.
- Presented at the National Conference on Marriage and Family Therapy on the topic of "Best Practices for Working with LGBTQ Families".
- Served as an expert witness in 10 court cases involving family dynamics.
- Trained 15 new interns in marriage and family therapy techniques.

Licensed Marriage and Family Therapist (LMFT) at Wyoming Family Therapy, WY

Jul 2019 - Feb 2022

- I helped a client with serious marital problems to improve communication and intimacy, which resulted in saving their marriage.
- I worked with a client who had been sexually abused as a child, and helped her to overcome the trauma and reclaim her life.
- I successfully treated a young man with severe anxiety disorder, helping him to regain control of his life.
- I helped a woman who was struggling with an eating disorder to recover from her illness and achieve healthy weight maintenance.

Education

Master of Science in Marriage and Family Therapy at University of Wyoming

Sep 2014 - May 2019

I've learned how to listen to people, how to help them communicate better, and how to understand and empathize with them.