

Erika Hoester

Licensed Clinical Social Worker (LCSW)

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📍 2231 N 400 E, American Fork, UT 84003

EDUCATION

Master of Social Work at Brigham Young University, UT

Aug 2014 - May 2019

I have learned how to effectively communicate with people from all walks of life, how to build relationships with people, and how to help people in a way that is respectful and empowering.

LINKS

[linkedin.com/in/erikahoester](https://www.linkedin.com/in/erikahoester)

SKILLS

Clinical assessment

Psychotherapy

Crisis intervention

Case management

Group therapy

Community mental health outreach and education

Licensed Clinical Social Worker (LCSW)

LANGUAGES

English

Portuguese

PROFILE

I am a Licensed Clinical Social Worker with over 3 years of experience working in the social work field. I have worked with clients of all ages and backgrounds, and have experience providing individual, family, and group therapy. I am passionate about helping others, and am committed to providing quality care to my clients. I am knowledgeable in various areas of mental health treatment, and have successfully helped many individuals overcome their challenges.

EMPLOYMENT HISTORY

● Licensed Clinical Social Worker (LCSW) at Intermountain Healthcare, UT

Mar 2022 - Present

- Provided direct clinical social work services to clients with a wide range of presenting problems.
- Led weekly individual and group therapy sessions focused on topics such as depression, anxiety, trauma, grief/loss, substance abuse, and relationship issues.
- Wrote progress notes for each client after every session detailing the content of discussion and any goals or homework assigned.
- Made referrals to outside agencies when necessary and provided follow-up support to ensure that clients were connected with resources.
- Attended weekly supervision meetings with LCSW supervisor in order to discuss cases.

● Social Worker at University of Utah Health, UT

Aug 2019 - Feb 2022

- Negotiated with landlords to lower rent for low-income families by an average of 20%.
- Led a team of social workers in developing and implementing a new program that helped 100% of participants find employment.
- Successfully advocated for increased funding from the city government for homeless shelters, which led to a 25% increase in shelter capacity.
- Worked with at-risk youth and their families, leading to a decrease in the number of youths involved in gangs by 15%.
- Trained other professionals on how to better provide services to LGBTQIA+ individuals, resulting in more inclusive practices being adopted by 80% of those trained.
- Authored research papers on topics related to social work practice that have been published in 3 peer-reviewed journals.

CERTIFICATES

Licensed Clinical Social Worker (LCSW)

May 2021

Certified Advanced Alcohol and Drug Counselor (CAADC)

Jun 2019