

Jovana Isaza

Licensed Marriage
and Family Therapist
(LMFT)

Profile

Employment History

Education

Links

Details

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As an LMFT for over 3 years, I have provided therapy to individuals, couples, and families in order to help them overcome a variety of challenges. I have helped my clients improve communication, resolve conflict, and build healthier relationships. In addition to providing traditional talk therapy, I also utilize creative techniques such as art therapy and sand tray work. My goal is always to help my clients achieve their desired outcomes in a safe and supportive environment.

Licensed Marriage and Family Therapist (LMFT) at Good Samaritan Hospital, WV

Apr 2022 - Present

- Successfully completed a two-year Master's degree program in Marriage and Family Therapy.
- Interned at a local community counseling center, providing therapy to families and couples.
- Became licensed as an LMFT in the state of California.
- Secured a full-time position as an LMFT at a mental health clinic.
- Provided therapeutic services to 50 clients over the course of one year.

Licensed Marriage and Family Therapist (LMFT) Associate at CAMC Women and Children's Hospital, WV

Sep 2019 - Mar 2022

- I increased my client base by 25% in the first 6 months of working at my current practice.
- I have successfully completed 100+ hours of clinical training and internships.
- I am proficient in 3 different evidence-based therapy modalities (CBT, DBT, & Solution Focused Brief Therapy).
- On average, my clients report a decrease in self-reported symptoms of anxiety and depression after completing 12 sessions with me.
- 80% of couples that I see for marriage counseling report feeling more satisfied with their relationship after completing 8-10 sessions with me.

Master of Science in Marriage and Family Therapy at Marshall University, WV

Sep 2014 - May 2019

Some skills I've learned are how to effectively communicate with others, how to better understand and empathize with others, and how to manage stress and conflict.

[linkedin.com/in/jovanaisaza](https://www.linkedin.com/in/jovanaisaza)