

Jonaya Himmelberg

Licensed Professional Counselor (LPC)

✉ jonaya.himmelberg@gmail.com

☎ (110) 921-3758

📍 6350 S Broadway,
Englewood, CO 80113

Education

Master of Science in Counseling at University of Colorado Boulder

Aug 2015 - May 2019

I have learned how to relate to people from all walks of life and how to help them through difficult times.

Links

[linkedin.com/in/jonayahimmelberg](https://www.linkedin.com/in/jonayahimmelberg)

Skills

Licensed Professional Counselor (LPC)

Licensed Clinical Social Worker (LCSW)

Marriage and Family Therapist (MFT)

Psychologist

Psychiatrist

Psychiatric Nurse Practitioner

Mental Health Counselor

Languages

English

Spanish

Profile

As a Licensed Professional Counselor (LPC), I have over 3 years experience working with individuals, families, and groups to help them overcome challenges and improve their overall well-being. I am passionate about helping others reach their full potential and live happier, healthier lives. I work diligently to create a safe and supportive environment for my clients where they can feel comfortable exploring the issues that are impacting their lives. In addition to traditional counseling techniques, I also utilize art therapy and play therapy when appropriate as these modalities can be incredibly helpful in stimulating growth and healing. It is an honor to be able to walk alongside my clients on their journey towards wellness.

Employment History

Licensed Professional Counselor (LPC) at Thriveworks, CO

Apr 2022 - Present

- I successfully helped 100 clients with anxiety disorders last year.
- I have a 95% success rate in helping my clients overcome depression.
- I was able to help an average of 10 people per week improve their communication skills.
- I increased the number of weekly therapy sessions by 20%.
- My clientele has expanded to include individuals, couples, and families.
- I now see an average of 15 new clients each month.

Licensed Professional Counselor Associate (LPCA) at BetterHelp, CO

Sep 2019 - Feb 2022

- Provided counseling services to 100 clients with a 95% success rate.
- Led 10 group therapy sessions on various topics such as anxiety and depression.
- Wrote 5 articles that were published in well-known mental health journals.
- Presented at 3 conferences on the topic of grief counseling.
- Trained 2 new counselors on proper techniques and methods.

Certificates

National Certified Counselor (NCC)

Oct 2020

Board Certified Clinical Mental Health Counselor (BC-CMHC)

Oct 2018

Memberships

American Counseling Association

National Board for Certified Counselors