

# AREYA THOMISON

Mental Health Social Worker

[areya.thomison@gmail.com](mailto:areya.thomison@gmail.com)

(859) 201-4178

2345 Elm Street, Detroit, Michigan 48201



## PROFILE

Mental Health Social Worker with over 1 year of experience. I have a passion for working with individuals and families who are struggling with mental health issues. I am skilled in providing counseling, crisis intervention, and case management services. I am also experienced in collaborating with other professionals to ensure that my clients receive the best possible care.

## LINKS

[linkedin.com/in/areyathomison](https://www.linkedin.com/in/areyathomison)

## SKILLS

Mental Health



Social Work



Psychology



Counseling



Psychotherapy



Child and Family Services



## LANGUAGES

English



Italian



## HOBBIES

Listening to music

Organizing

Crafting

## EMPLOYMENT HISTORY

### ● Mental Health Social Worker at Community Mental Health, MI

Mar 2022 - Present

- Led a team of five social workers in providing mental health services to clients with chronic mental illness.
- Supervised the implementation of individualized treatment plans for each client which resulted in an 80% decrease in psychiatric hospitalizations among my caseload.
- Successfully advocated for increased funding for community-based mental health programs which led to the creation of three new outpatient clinics serving low-income and minority populations.
- Chaired a task force on improving access to care for people with serious mental illness which resulted in changes to state policy that increased access to housing, employment, and benefits assistance.

### ● Social Worker at Oakland Community Health Network, MI

Aug 2021 - Jan 2022

- I helped a client obtain government benefits that they were entitled to, which totaled \$1,200 per month.
- I successfully advocated for a client who was being denied housing and was able to secure them an apartment within their budget.
- I provided counseling services to clients experiencing various mental health issues and saw improvement in 75% of cases.
- As part of a team, I developed and implemented a program that provides job training skills to low-income individuals which has resulted in 50% of participants securing employment.
- I have been instrumental in starting up three support groups for different populations that meet on a weekly basis.

## EDUCATION

### Master of Social Work at Wayne State University, MI

Aug 2016 - May 2021

I have learned how to communicate with people from all walks of life, how to build relationships with people, and how to better understand myself and others.

## CERTIFICATES

### Licensed Clinical Social Worker (LCSW)

Apr 2021

### Certified Psychiatric Rehabilitation Practitioner (CPRP)

Feb 2020