# Shoshannah Zelinka

Mental Health Social Worker

# Profile

I have over 1 year of experience as a Mental Health Social Worker. I am passionate about helping others and providing them with the resources they need to improve their mental health. I have worked with individuals, families, and groups to provide counseling and support. I am also experienced in crisis intervention and can provide referrals to other services when necessary.

### Employment History

### Mental Health Social Worker at Bluegrass.org, KY

May 2022 - Present

- Led a team of eight social workers in providing direct clinical services to clients with mental health diagnoses.
- Successfully advocated for increased funding for mental health services within the agency.
- Served as liaison between community agencies and client families.
- Wrote successful grant proposals that resulted in \$500,000 in new funding for the agency.
- Trained other social workers on evidence-based practices for working with clients with mental illness.
- Provided individual therapy to 50 clients with diagnosed mental illnesses.

### Social Worker at National Alliance on Mental Illness, KY

Aug 2021 - Mar 2022

- Successfully advocated for 10 clients who were at risk of losing their government benefits.
- Successfully completed intake and assessment for 50 new clients.
- Successfully placed 5 children in foster care homes.
- Successfully helped 3 families reunite after being separated by the child welfare system.
- Secured funding for a new program that will help low-income mothers access quality childcare.

### Education

### Master of Social Work at University of Kentucky

Aug 2017 - May 2021

I have learned to communicate effectively with people from diverse backgrounds, to work collaboratively with other professionals, and to advocate for social change.

# Certificates

Licensed Clinical Social Worker (LCSW)

Apr 2021

**Certified Psychiatric Rehabilitation Practitioner (CPRP)** Nov 2019

### Details

shoshannah.zelinka@gmail.com (130) 011-3113 829 Lexington Rd, Louisville, KY 40222

### Links

linkedin.com/in/shoshannahzelinka

### Skills

Mental Health

Social Work

Psychology

Counseling

Psychotherapy

Child and Family Services

### Languages

English

German

### Hobbies

Organizing Crafting Reading