# Dayla Wink

## Mother's helper

#### Details

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(826) 865-3107

1234 Elm Street, New York, NY 10001

## Profile

I am a mother's helper with over 1 year of experience. I have experience caring for children of all ages, from newborns to school-aged children. I am responsible and reliable, and I have a genuine love for working with kids. I am also First Aid certified. In my previous role, I was responsible for the care of three young children aged 5 months to 4 years old. This included feeding, changing diapers, dressing them, playing with them both indoors and outdoors, putting them down for naps/bedtime routines etc..I also did light housekeeping duties such as tidying up after the kids , laundry and meal prep .

## **Employment History**

#### Mother's helper at Home Instead Senior Care, NH

Mar 2022 - Present

- Watched three children under the age of 5 for eight hours while parents were at work.
- Changed diapers, prepared meals, and cleaned up after mealtimes.
- Played games, read stories, and did crafts with kids to keep them entertained.
- Took children on walks around the neighborhood and to local parks.
- Successfully put two of the three kids down for naps.

## Assistant Mother's helper at BrightStar Care, NH

Sep 2021 - Feb 2022

- Assisted with feeding, diapering and clothing infants and toddlers.
- Read to children and helped them with homework.
- Taught basic skills such as colors, shapes, potty training and manners.
- Planned activities such as games, arts & crafts projects and outings.
- Created a safe environment for the children by supervising at all times.

#### **Education**

### High School Diploma at Dover High School, Dover, NH

Sep 2017 - May 2021

I've learned how to study for and take tests, how to do research, and how to write papers.

Links

linkedin.com/in/daylawink