

Lelu Nadir

Nurse Practitioner

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☎ (845) 743-7022

📍 183 Riverside St, Portland, ME 04103

EDUCATION

Master of Science in Nursing at University of Maine

Aug 2011 - May 2015

I have learned how to be an effective leader, how to work with diverse teams, and how to think critically to solve problems.

LINKS

[linkedin.com/in/lelunadir](https://www.linkedin.com/in/lelunadir)

SKILLS

Nursing

Healthcare

Patient care

Communication

Documentation

Critical thinking

Time management

LANGUAGES

English

Russian

HOBBIES

Organizing

Crafting

Reading

EMPLOYMENT HISTORY

● Nurse Practitioner at MaineGeneral Health, ME

Jun 2022 - Present

- Led the development of a new care model for patients with chronic diseases which resulted in a 20% reduction in hospitalizations.
- Implemented a nurse-led education program on managing diabetes which led to a decrease in A1C levels by 1.5% on average for participants.
- Conducted research on the impact of postpartum depression screening and intervention that was published in the Journal of Women's Health.
- Presented at national conferences on topics related to primary care, women's health, and evidence-based practice.
- Authored an article on self-care strategies for nurses working long hours that was featured in Nursing Times.
- Received "Nurse Practitioner of the Year" award from local medical society.

● Senior Nurse Practitioner at InterMed, ME

Jul 2019 - May 2022

- Led a team of 5 nurse practitioners in providing primary care services to underserved populations.
- Provided direct patient care for an average of 20 patients per day.
- Coordinated with multidisciplinary teams to develop individualized treatment plans.
- Demonstrated expertise in managing chronic conditions such as diabetes and hypertension.
- Educated patients and families on disease prevention and health promotion strategies.
- Prescribed medications and ordered diagnostic tests according to evidence-based guidelines.

● Lead Nurse Practitioner at Maine Coast Memorial Hospital, ME

Aug 2015 - Jun 2019

- Led a team of 5 nurse practitioners in providing care to 400 patients per week.
- Supervised the implementation of new policies and procedures that improved patient outcomes by 15%.
- Trained 10 new nurse practitioners on best practices in patient care.
- Led quality improvement initiatives that reduced hospital readmissions by 20%.
- Presented at national conferences on topics related to nurse practitioner practice and healthcare delivery.

CERTIFICATES

Certified Nurse Practitioner (CNP)

Nov 2020

Certified Registered Nurse Anesthetist (CRNA)

Apr 2019