

Barbarajean Alen

Nutritionist

✉ barbarajean.alen@gmail.com

☎ (343) 463-5925

📍 248 Parkview Dr, Ann Arbor, MI 48103

EDUCATION

Bachelor of Science in Nutrition at Michigan State University, MI

Sep 2017 - May 2021

Some skills I've learned are food and nutrition knowledge, cooking and food preparation skills, and communication and interpersonal skills.

LINKS

[linkedin.com/in/barbarajeanalen](https://www.linkedin.com/in/barbarajeanalen)

SKILLS

Food and Nutrition

Food Science

Human Anatomy and Physiology

Biochemistry

Chemistry

Microbiology

LANGUAGES

English

Dutch

HOBBIES

Gardening

Cooking

Eating healthy

PROFILE

I am a Nutritionist with over 1 year of experience in the field. I have worked with clients of all ages and backgrounds, and have helped them to improve their overall health through diet and lifestyle changes. I am passionate about helping people to reach their full potential, and believe that nutrition is an essential part of achieving this goal. I am knowledgeable in a variety of dietary approaches, and can tailor my advice to meet the specific needs of each individual client.

EMPLOYMENT HISTORY

● Senior Nutritionist at GNC, MI

Jun 2022 - Present

- Led a team of 5 nutritionists in developing new, more efficient methods for tracking patient data.
- Successfully implemented a new software system that streamlined the process of collecting and analyzing patient data.
- Designed and executed a study that collected data on the eating habits of seniors in long-term care facilities.
- Authored an article on senior nutrition that was published in a leading medical journal.
- Presented at a national conference on the topic of senior nutrition.

● Nutritionist at Vitamin Shoppe, MI

Jul 2021 - Apr 2022

- Devised new nutritional plan that helped patient lose 100 pounds in one year.
- Successfully created and implemented a corporate wellness program for a large company, resulting in 10% decrease in employee health care costs.
- Led a team of dietitians in developing menus for a hospital that meet the needs of both patients and staff.
- Presented at national conference on the importance of nutrition education in schools.
- Wrote popular column on healthy eating habits for local newspaper.
- Appeared as guest expert on morning TV show to discuss latest trends in nutrition.

CERTIFICATES

Registered Dietitian Nutritionist (RDN)

Nov 2020

Certified Diabetes Educator (CDE)

Jun 2019

MEMBERSHIPS

American Dietetic Association

American Society for Nutrition