

# Ellena Villafranco

Occupational Therapist Assistant

✉ [ellena.villafranco@gmail.com](mailto:ellena.villafranco@gmail.com)

☎ (431) 457-2419

📍 1234 Elm Street, New York, NY 10001

## EDUCATION

**Associate of Science in Occupational Therapy Assistant at Louisiana State University, LA**

Aug 2017 - May 2021

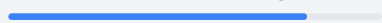
I have learned how to communicate and interact with patients, how to provide therapy and how to document therapy sessions.

## LINKS

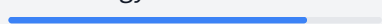
[linkedin.com/in/ellenavillafranco](https://www.linkedin.com/in/ellenavillafranco)

## SKILLS

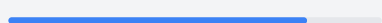
Anatomy and physiology



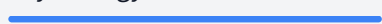
Kinesiology



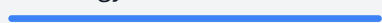
Biomechanics



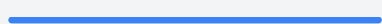
Psychology



Sociology

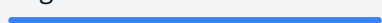


Communication skills

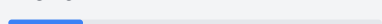


## LANGUAGES

English



French



## PROFILE

I am an experienced occupational therapist assistant who has worked in a variety of settings. I have over 1 year of experience working with clients of all ages, from infants to the elderly. I am comfortable working with both individual and group therapy sessions. My goal is always to help my clients improve their quality of life and reach their maximum potential.

## EMPLOYMENT HISTORY

### ● Occupational Therapist Assistant at Ochsner Health System, LA

Mar 2022 - Present

- Assisted in developing and implementing treatment plans for patients with various conditions, including Alzheimer's disease, cerebral palsy, and multiple sclerosis.
- Monitored patient progress and made necessary adjustments to treatment plans.
- Conducted home visits to assess patients' needs and make recommendations for modifications to their homes.
- Educated patients and caregivers on how to perform exercises safely and effectively.
- Led group therapy sessions focused on topics such as energy conservation techniques and stress management strategies.
- Provided direct patient care services totaling X hours per week.

### ● Occupational Therapist Assistant to less experienced position at Louisiana State University Health Sciences Center, LA

Sep 2021 - Feb 2022

- Led a group of 3 patients in daily occupational therapy sessions.
- Assisted patients with exercises to improve range of motion and dexterity.
- Demonstrated proper use of adaptive equipment to patient.
- Taught basic life skills, such as cooking and laundry, to 2 patients.
- Encouraged positive social interaction among 4 patients during weekly outings.
- Completed all documentation for 10 patient files.

## CERTIFICATES

### Certified Occupational Therapy Assistant (COTA)

Apr 2021

### Registered Occupational Therapist Assistant (ROTA)

Jan 2020

## MEMBERSHIPS

American Occupational Therapy Association

National Board for Certification in Occupational Therapy