# Lidya Klemin

# Occupational therapist

I am an experienced occupational therapist with over a year of experience working in the field. I have a strong passion for helping others and improving their quality of life. I have gained valuable skills and knowledge through my work with clients, families, and other health care professionals. I am committed to providing high-quality Occupational Therapy services that are individualized to meet the needs of each client.

lidya.klemin@gmail.com



(113) 476-5131



2121 West Ave, Fayetteville, AR 😯



#### **Education**

Master of Science in Occupational Therapy at **University of Arkansas** 

Sep 2017 - May 2021

Patience, active listening, and critical thinking.

#### Links

linkedin.com/in/lidyaklemin

#### Skills

Communication

Documentation

Interpersonal skills

Motor control and coordination

Muscle strength testing

Neurological assessment

#### Languages

English

Portuguese

#### **Employment History**

# Occupational Therapist at Rehabilitation Centers of Arkansas,

May 2022 - Present

- Successfully implemented an occupational therapy program for patients with Alzheimer's disease, which resulted in a decrease in patient falls by 50%.
- Developed and implemented an upper extremity rehabilitation program for stroke patients that led to a significant increase in functional independence.
- Successfully treated a patient with chronic pain who had been unable to find relief through other modalities of care. After 12 weeks of treatment, the patient reported a 75% reduction in pain levels.
- Designed and executed a customized home safety evaluation and fall prevention plan for an elderly client that reduced their risk of falling by 80%.

### Occupational Therapist Assistant at Therapy Solutions, AR

Sep 2021 - Apr 2022

- Successfully treated a patient with Alzheimer's disease, improving their quality of life.
- Helped a patient suffering from depression regain the ability to perform everyday tasks.
- Taught a group of students proper ergonomics and stretching exercises to prevent on-the-job injuries.
- Created an individualized treatment plan for a burn victim that facilitated their healing process.
- Worked with an amputee to learn how to use a prosthetic limb.

#### **Certificates**

**Certified Hand Therapist (CHT)** 

Oct 2020

**Certified Occupational Therapy Assistant (COTA)** 

Sep 2019

## Memberships

**American Occupational Therapy Association** 

National Board for Certification in Occupational Therapy