# Amie Louvar

Occupational Therapist

# Profile

I am an experienced occupational therapist who has worked with a wide range of clients, from young children to older adults. I have helped them regain independence and improve their quality of life by teaching them new skills and helping them overcome obstacles. I am patient, empathetic and adaptable, and I have a strong passion for helping others reach their full potential.

## **Employment History**

#### Occupational Therapist at Piedmont Columbus Regional, GA May 2022 - Present

- - Led a team of 5 occupational therapists in developing and implementing new therapy program for children with autism that resulted in 50% of participants showing significant improvement in social skills.
  - Successfully treated 100 patients suffering from carpal tunnel syndrome, reducing pain and improving function in 95% of cases.
  - Designed individualized treatment plans for 200 stroke victims that led to faster recoveries and reduced rehabilitation time by an average of 6 weeks.
  - Worked with 150 elderly patients to help them regain independence after losing the ability to perform daily activities due to age-related conditions such as arthritis or dementia.
- Provided home safety assessments for 300 families with young children, making recommendations that prevented injuries and accidents.

## Occupational Therapist Assistant at WellStar Health System, GA

Aug 2021 - Apr 2022

- Reduced patient's dependence on pain medication by 50% through the use of massage and other alternative therapies.
- Developed an individualized therapy plan that increased a patient's range of motion by 75% in 4 weeks.
- Successfully implemented new treatments for patients with chronic conditions that improved their quality of life significantly.
- Led a team of occupational therapists in developing an innovative program to help people with Alzheimer's disease maintain their independence longer.
- Wrote articles for professional journals on topics related to occupational therapy, which helped increase understanding and awareness of the profession.

## Certificates

**Certified Hand Therapist (CHT)** Jan 2021

Certified Lymphedema Therapist (CLT) Mar 2019

#### amie.louvar@gmail.com

- **(**988) 178-6913
- 1835 Peachtree Rd NE, Atlanta, GA 30309

## Education

Master of Science in Occupational Therapy at Georgia State University Aug 2017 - May 2021

How to critically analyze research, how

to design and implement research studies, how to apply evidence to clinical practice.

## Links

linkedin.com/in/amielouvar

## Skills

Communication

Documentation

Interpersonal skills

Motor control and coordination

Muscle strength and endurance

Sensory processing/integration

#### Languages

English

Bengali