

Brittiani Fineday

Physical Therapist
Assistant

Profile

Details

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(944) 843-2447

5645 W 84th Ave, Denver, CO 80221

I am a licensed Physical Therapist Assistant with over 1 year of experience working in outpatient orthopedics. I have a passion for helping people return to their prior level of function following an injury or surgery. I am experienced in administering manual therapy techniques, therapeutic exercises, and modalities. In addition, I have developed strong assessment skills to properly identify each patient's individual needs. My goal is always to provide the highest quality of care possible in order that my patients may reach their maximum potential.

Employment History

Physical Therapist Assistant at Pinnacle Physical Therapy, CO

Apr 2022 - Present

- Assisted in developing and implementing physical therapy treatment plans for patients with various injuries and illnesses.
- Provided hands-on care to patients, including administering massages and exercises.
- Helped patients improve their range of motion, strength, and flexibility through therapeutic treatments.
- Monitored patient progress and reported any changes to the supervising Physical Therapist.
- Educated patients on at-home exercises and injury prevention.

Physical Therapist Assistant II at Align Therapy, CO

Aug 2021 - Feb 2022

- Reduced patient's pain by administering massages and applying heat or cold packs, as directed.
 - Assisted patients with exercises to improve their range of motion and strength.
 - Helped patients walk using canes, crutches, walkers or other devices.
 - Monitored patients' progress and reported any changes to the supervising physical therapist.
 - Provided support and education to family members about how they could help care for the patient at home following discharge from therapy.
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Education

Associate of Science in Physical Therapist Assistant at Pueblo Community College, Pueblo, CO

Aug 2017 - May 2021

Through my coursework in the associate's degree program for physical therapist assistants, I have gained skills in patient assessment, rehabilitation exercises, and assisting patients with activities of daily living.