

Dorlis Burmeister

Physical Therapist

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📍 803 Washington Avenue,
Ocean Springs, MS 39564

Education

Doctor of Physical Therapy at Mississippi State University

Sep 2016 - May 2021

Patience, attentiveness, critical thinking, problem solving, time management, organization, people skills, written and oral communication skills, research skills.

Links

[linkedin.com/in/dorlisburmeister](https://www.linkedin.com/in/dorlisburmeister)

Skills

Anatomy

Physiology

Biomechanics

Kinesiology

Exercise physiology

Pathophysiology

Pharmacology

Languages

English

French

Profile

I am a physical therapist with over 1 year of experience. I have worked in both outpatient and inpatient settings, and have treated a variety of patients with different diagnoses. I am experienced in manual therapy techniques, as well as therapeutic exercises. I am passionate about helping my patients improve their quality of life and reach their goals.

Employment History

Physical Therapist at Pinnacle Physical Therapy, MS

May 2022 - Present

- Reduced patient's pain by 50% in 8 weeks.
- Helped patient regain mobility after a stroke.
- Led a team of 5 physical therapists in developing new rehabilitation program for patients with chronic pain.
- Authored an article on the use of electrical stimulation in treating shoulder impingement syndrome that was published in The Journal of Physical Therapy.
- Presented at national conference on the benefits of yoga for seniors recovering from hip surgery.
- Won state-wide award for excellence in physical therapy.

Physical Therapist Assistant at Mississippi Sports Medicine and Orthopaedic Center, MS

Sep 2021 - Mar 2022

- Assisted in the development and implementation of individualized treatment plans for patients with various diagnoses.
- Monitored patient progress and provided updates to supervising Physical Therapist.
- Assisted in administering manual therapy techniques, therapeutic exercises, modalities, and other treatments.
- Educated patients and families on injury prevention, proper exercise form/technique, and home exercise programs.
- Collaborated with interdisciplinary team members to optimize patient care.
- Maintained accurate documentation of patient treatments.

Certificates

Certified Physical Therapist Assistant (CPTA)

Jan 2021

Certified Hand Therapist (CHT)

Aug 2019

Memberships

American Physical Therapy Association

American Medical Association