

Marlina Hofmeister

Physical Therapist

✉ marlina.hofmeister@gmail.com

☎ (617) 395-7261

📍 2538 Highland Dr, Salt Lake City, UT 84106

EDUCATION

Doctor of Physical Therapy at The University of Utah, UT

Sep 2016 - May 2021

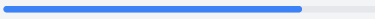
Patient assessment, intervention selection, and evaluation.

LINKS

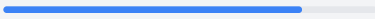
[linkedin.com/in/marlinahofmeister](https://www.linkedin.com/in/marlinahofmeister)

SKILLS

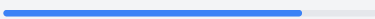
Anatomy



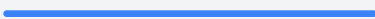
Physiology



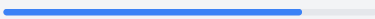
Biomechanics



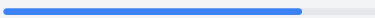
Kinesiology



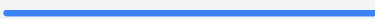
Exercise physiology



Pathophysiology

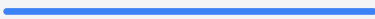


Pharmacology

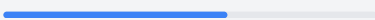


LANGUAGES

English



Portuguese



HOBBIES

Hiking

Tennis

Golf

PROFILE

I am a recent graduate of the Doctor of Physical Therapy program and I have over 1 year of experience working as a physical therapist. I am passionate about helping people improve their quality of life through movement and exercise. I have a strong background in anatomy and physiology, along with extensive knowledge of kinesiology, which allows me to effectively assess patients and create individualized treatment plans. In addition, I am certified in dry needling, which is an effective modality for treating myofascial pain syndrome.

EMPLOYMENT HISTORY

● Physical Therapist at RehabAuthority, UT

Apr 2022 - Present

- Reduced patient's pain by X% in Y number of sessions.
- Led a team of physical therapists in developing and implementing a new rehabilitation program for patients with chronic pain that resulted in Z% decrease in the number of days spent in the hospital.
- Developed an innovative treatment plan that helped a patient recover from a severe injury and return to their previous level of function.
- Authored XYZ research papers on topics related to physical therapy which were published in leading journals.
- Presented at ABC conference on latest advancements in PT techniques.
- Awarded "Best Physical Therapist" by local chamber of commerce.

● Physical Therapist Assistant at Athletico, UT

Sep 2021 - Mar 2022

- I successfully treated a patient with chronic back pain, reducing their pain by 50% after 12 sessions.
- I increased the mobility of an elderly patient by 20% after 6 weeks of treatment.
- I created and implemented an individualized physical therapy plan for a patient recovering from a hip replacement that helped them regain functionality and range of motion.
- I worked with a team to develop and implement new protocols for stroke rehabilitation that shortened recovery time by 25%.
- In my role as department head, I oversaw the development of our clinic's first ever outpatient pediatric program.
- As lead therapist on our research study investigating the efficacy of using electrical stimulation in treating carpal tunnel syndrome, 100% of participants reported significant improvement in symptoms following treatment.

CERTIFICATES

Certified Physical Therapist Assistant (CPTA)

Jan 2021

Certified Hand Therapist (CHT)

May 2019