## SARAHJANE KOELLER

Psychiatric social worker



### PROFILE

I have over 3 years of experience as a psychiatric social worker. I have worked with clients of all ages, from children to adults. I am experienced in working with clients who have mental health disorders, substance abuse issues, and/or developmental disabilities. I am passionate about helping my clients improve their lives and reach their full potentials.

#### LINKS

linkedin.com/in/sarahjanekoeller

#### SKILLS

Clinical assessment

Psychotherapy

Crisis intervention

Case management

Community mental health outreach

Psychoeducation

#### LANGUAGES

English

Urdu

#### HOBBIES

Listening to music Reading books Watching movies

#### **EMPLOYMENT HISTORY**

Psychiatric Social Worker at Hartford Hospital, CT

Jun 2022 - Present

- Led a team of 4 social workers in providing counseling services to patients with mental illness.
- Provided individual and group counseling to 50 patients with depression.
- Developed and implemented treatment plans for 20 patients with schizophrenia.
- Facilitated 10 support groups for families of mentally ill patients.
- Educated 100 community members on mental health.

# Psychiatric Social Worker II at Connecticut Mental Health Center, CT

Sep 2019 - May 2022

- Led a team of 4 social workers in providing direct clinical services to clients with mental health diagnoses.
- Supervised 2 MSW interns and provided weekly individual supervision for 60 minutes each.
- Completed 30 psychosocial assessments within the first month of employment.
- Developed and implemented treatment plans for 10 clients within the first 3 months of employment.
- Attained 100% client satisfaction rating on annual performance review.

#### **EDUCATION**

#### Master of Social Work at Yale University

Sep 2014 - May 2019

Some skills I've learned are how to communicate with people, how to build relationships, and how to understand and empathize with others.

#### CERTIFICATES

Licensed Clinical Social Worker (LCSW) Dec 2020

Certified Psychiatric Social Worker (CPSW) Oct 2019

#### **MEMBERSHIPS**

National Association of Social Workers

American Psychiatric Association