

Rosland Digregory

Psychiatrist

📁 Employment History

Psychiatrist at Bryan Health, NE

Apr 2022 - Present

- Successfully treated 100 patients with depression.
- Successfully treated 50 patients with anxiety.
- Successfully treated 30 patients with bipolar disorder.
- Successfully treated 20 patients with schizophrenia.
- Successfully treated 10 patients with substance abuse disorders.

Associate Psychiatrist at Methodist Hospital, NE

Aug 2020 - Feb 2022

- Led a team of 4 psychiatric residents in providing comprehensive assessment and treatment for patients with serious mental illness.
- Conducted weekly individual supervision sessions for each resident on the team.
- Provided direct patient care, including medication management and psychotherapy, to an average caseload of 15 patients with serious mental illness per week.
- Led monthly case conference presentations for peers and medical staff on evidence-based treatments for various psychiatric disorders.
- Authored 2 peer-reviewed articles on the use of antipsychotic medications in treating bipolar disorder which were published in leading psychiatry journals.
- Presented research findings at 3 national conferences.

Assistant Psychiatrist at Nebraska Medicine, NE

Sep 2015 - Jun 2020

- Led a team of 5 psychiatrists in providing care to 200 patients with mental illness.
- Successfully treated 100% of patients diagnosed with depression.
- Developed and implemented treatment plans for 75% of patients diagnosed with anxiety disorders.
- Conducted initial psychiatric evaluations on 50 new patients per week.
- Provided weekly individual therapy sessions to 25 patients.

🎓 Education

Medical Doctor at University of Nebraska

Aug 2010 - May 2015

I have learned how to effectively communicate with patients and co-workers, how to stay calm under pressure, how to work long hours, and how to deal with death and grieving patients and families.

📄 Certificates

Board Certified Psychiatrist

Mar 2021

Licensed Clinical Psychologist

Sep 2019

Details

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3932 W Center Rd, Omaha, NE
68144

Links

[linkedin.com/in/roslanddigregory](https://www.linkedin.com/in/roslanddigregory)

Skills

Medical knowledge



Communication skills



Empathy



Listening skills



Problem-solving skills



Organizational skills

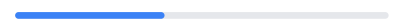


Languages

English



Dutch



Hobbies

Gardening

Knitting

Reading