

Ethelwyn Curinga

Psychological Assistant

Profile

I am a Psychological Assistant with over 1 year of experience working in mental health settings. I have gained valuable experience conducting intakes, administering psychological testing, and leading group therapy sessions. I am passionate about helping others and strive to create a safe and supportive environment for my clients to grow and heal. I am committed to providing quality care and hope to continue making a positive impact on the lives of those who need it most.

Employment History

Psychological Assistant at American Psychological Association, VA

May 2022 - Present

- Led a team of psychological assistants in conducting weekly therapy sessions with patients diagnosed with schizophrenia.
- Successfully implemented new treatment methods for patient care which resulted in a decrease in patient relapses by 15%.
- Authored an article on the benefits of art therapy for patients suffering from PTSD which was published in the journal of Psychology and Art Therapy.

Psychological Assistant II at National Association of School Psychologists, VA

Aug 2021 - Apr 2022

- Led a team of 5 in conducting research on the impact of social media usage on mental health.
- Authored 12 peer-reviewed journal articles based on said research.
- Presented findings at 4 national conferences.
- Trained 3 new Psychological Assistants in study methods and data analysis.
- Counseled 50 patients with anxiety disorders, resulting in a 70% reduction in symptoms for 80% of them.
- Led 10 group therapy sessions for patients with depression, helping them to develop coping skills.

Education

Master of Arts in Psychology at George Mason University

Aug 2017 - May 2021

Interpersonal communication, critical thinking, research design and analysis.

Certificates

Licensed Psychological Assistant (LPA)

Apr 2021

Board Certified Assistant Behavior Analyst (BCaBA)

Feb 2020

Details

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Links

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Skills

Psychology

Counseling

Psychotherapy

Mental Health

Social Work

Child Development

Languages

English

Bengali

Hobbies

Listening to music

Organizing

Reading