

Lindora Magadan

Psychological Associate

Profile

I am a psychological associate with over three years of experience. I have worked in various settings, including outpatient mental health clinics, community mental health centers, and private practices. I have provided individual therapy, group therapy, and crisis intervention services to clients of all ages. I am proficient in the use of cognitive-behavioral techniques and have experience working with clients who suffer from anxiety disorders, mood disorders, substance abuse issues, relationship problems, and trauma.

Employment History

Psychological Associate at Comprehensive Counseling Services, WA

Apr 2022 - Present

- Led a team of 5 in conducting weekly therapy sessions for patients with anxiety disorders.
- Successfully treated 85% of patients within 6 months using Cognitive Behavioral Therapy techniques.
- Authored a research paper on the efficacy of Eye Movement Desensitization and Reprocessing (EMDR) which was published in The Journal of Psychological Trauma.
- Presented findings from aforementioned research paper at the annual conference for the American Psychiatric Association.
- Trained new interns on proper clinical documentation and treatment methods.
- Supervised 4 undergraduate students during their fieldwork placement.

Psychological Associate II at Sound Mental Health, WA

Sep 2019 - Mar 2022

- Led a team of 4 psychological associates in conducting intake assessments for new patients with mental health disorders.
- Conducted over 100 individual therapy sessions with patients suffering from PTSD, anxiety, and depression.
- Successfully implemented a new treatment program for patients with OCD which resulted in a 70% reduction in symptoms.
- Wrote 5 articles that were published in peer-reviewed journals on topics related to mental health and well-being.
- Presented at 3 national conferences on the topic of using art therapy to treat trauma survivors.
- Led 2 workshops for local community organizations on stress management techniques.

Certificates

Licensed Psychological Associate

Jun 2021

Board Certified Assistant Behavior Analyst

Feb 2020

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📍 1234 12th Ave, Seattle, WA 98109

Education

Master of Arts in Psychology at University of Washington

Aug 2015 - May 2019

I have learned how to communicate with people from different backgrounds, how to manage my time, and how to work independently.

Links

[linkedin.com/in/lindoramagadan](https://www.linkedin.com/in/lindoramagadan)

Skills

Psychology

Counseling

Psychotherapy

Mental Health

Substance Abuse Treatment

Behavioral Therapy

Languages

English

Portuguese

Hobbies

Singing

Dancing

Acting