

# Charolette Seguro

Psychologist

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## Profile

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### Details

[charolette.seguro@gmail.com](mailto:charolette.seguro@gmail.com)

(637) 391-3028

1234 Mississippi Ave, MS, USA

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I am a licensed psychologist with over 10 years of experience working in a variety of settings, including outpatient clinics, hospitals, and university counseling centers. I have provided psychological services to children, adolescents, adults, and families. I have also conducted research on topics such as anxiety disorders and coping with chronic illness. In addition to my clinical work and research, I have taught psychology courses at the undergraduate level

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## Employment History

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### Clinical Psychologist at Jackson Mental Health Associates, MS

Mar 2022 - Present

- Successfully completed Masters and Doctoral degrees in Clinical Psychology.
- Successfully treated 85% of patients with depression using Cognitive Behavioral Therapy.
- Successfully treated 75% of patients with anxiety disorders using Exposure Therapy.
- Identified key areas for improvement in patient treatment plans 80% of the time.
- Documented clinical observations and assessments thoroughly and accurately 95% of the time.

### Counseling Psychologist at Mississippi Psychological Association, MS

Sep 2021 - Jan 2022

- Counseling Psychologist successfully helped 100 clients overcome anxiety disorders.
- Counseling Psychologist developed a new treatment program that improved patient outcomes by 25%.
- Counseling Psychologist authored a groundbreaking paper on the efficacy of cognitive behavioral therapy which was published in The Journal of Psychology.
- Counseling Psychologist gave expert testimony in front of Congress that led to the passage of legislation supporting mental health parity.
- Counseling psychologist served on the board of directors for the American Psychological Association.

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## Education

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### Doctor of Psychology at Mississippi State University

Sep 2017 - May 2021

I have learned how to research, write, and think critically about psychology topics.

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## Links

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[linkedin.com/in/charoletteseguro](https://www.linkedin.com/in/charoletteseguro)