

Kimberleigh Maylor

Registered Dietitian

Profile

I am a Registered Dietitian with over 4 years of experience in the field. I have worked with a variety of populations, including children, adults, and the elderly. I have also worked in a variety of settings, such as hospitals, outpatient clinics, and long-term care facilities. In my most recent position, I was responsible for developing and implementing individualized nutrition plans for patients based on their medical needs. My experience has taught me how to effectively counsel patients on making lifestyle changes that will improve their overall health. I am passionate about helping others reach their optimal level of health through proper nutrition and am dedicated to providing quality patient care

Employment History

Registered Dietitian at Dietitians Without Borders, WA

Mar 2022 - Present

- Reduced patient hospital stays by an average of 2 days through implementation of a new evidence-based nutrition care protocol.
- Increased staff compliance with the nutrition care process from 50% to 90% over 6 months.
- Implemented a new electronic medical record system for diet orders and documentation, resulting in increased efficiency and decreased charting errors.
- Led quarterly interdisciplinary rounds on 5 different nursing units, improving communication between disciplines and leading to better overall patient care.
- Presented at state and national conferences on various topics related to clinical dietetics.

Dietitian at Food and Nutrition Service, WA

Jul 2018 - Feb 2022

- Implemented a new nutrition program that increased patient satisfaction by 25%.
- Led a team of 5 dietitians in developing and implementing an innovative meal plan for patients with diabetes which resulted in a decrease in hospital admissions by 30%.
- Presented at the National Conference on Nutrition 2 times.
- Authored 3 papers on nutrition topics that were published in peer-reviewed journals.
- Served as the chairperson of the Dietetic Association's Ethics Committee.

Certificates

Registered Dietitian Nutritionist (RDN)

Apr 2021

Certified Diabetes Educator (CDE)

Jul 2019

✉ kimberleigh.maylor@gmail.com

☎ (236) 288-7040

📍 3123 Main St, Seattle, WA 98109

Education

Bachelor of Science in Nutrition at University of Washington, WA

Aug 2013 - May 2018

I've learned how to cook healthily, how to read food labels and how different nutrients affect the body.

Links

[linkedin.com/in/kimberleighmaylor](https://www.linkedin.com/in/kimberleighmaylor)

Skills

Nutrition

Food Science

Dietetics

Culinary Arts

Food Service Management

Nutrition Education

Languages

English

French

Hobbies

Gardening

Cooking

Baking