

Shakiyah Ditson

Sports medicine physician

Employment History

Sports medicine physician at Green Mountain Orthopedics, VT

Jun 2022 - Present

- Led a team of 15 healthcare professionals in providing medical coverage for a major sporting event with over 100,000 attendees.
- Provided care to athletes from all levels, including professional and Olympic-level athletes.
- Diagnosed and treated injuries using the latest evidence-based methods.
- Successfully implemented new protocols that resulted in a decrease in sports-related injuries by 20%.
- Authored several peer-reviewed articles on sports medicine topics.

Assistant sports medicine physician at Champlain Valley Physicians Hospital, VT

Jul 2019 - Apr 2022

- Successfully treated 100% of all patients referred by the coaching staff.
- 100% patient satisfaction rating as evaluated by post-visit surveys.
- Evaluated and created treatment plans for 300+ student athletes per year.
- Successfully reduced injury recurrence rates by 20% through implementation of new rehabilitation protocols.
- Successfully decreased time to return to play following ACL reconstruction surgery from 9 months to 6 months.

Associate sports medicine physician at Dartmouth-Hitchcock Medical Center, VT

Aug 2015 - Jun 2019

- Successfully treated over 100 patients with sports-related injuries.
- Developed individualized treatment plans for each patient based on their specific needs and goals.
- Helped athletes of all levels return to competition safely and effectively after injury.
- Educated patients and families on injury prevention, proper nutrition, and other wellness topics.
- Collaborated closely with physical therapists, athletic trainers, coaches, and other members of the healthcare team.

Certificates

Certified Athletic Trainer (ATC)

Jan 2021

Certified Strength and Conditioning Specialist (CSCS)

Mar 2019

Memberships

American Academy of Orthopaedic Surgeons

American Orthopaedic Society for Sports Medicine

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Education

Doctor of Medicine at University of Vermont, VT

Aug 2011 - May 2015

Time management, organization, and stress management.

Links

[linkedin.com/in/shakiyahditson](https://www.linkedin.com/in/shakiyahditson)

Skills

Anatomy

Physiology

Biomechanics

Exercise physiology

Nutrition

Pharmacology

Psychology

Languages

English

Japanese

Hobbies

Hiking

Tennis

Golf