

# Etienne Migliaro

Sports Therapist

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📍 5643 Maple St, New Orleans, LA 70117

## EDUCATION

### Associate's Degree in Sports Therapy at University of Alabama

Aug 2016 - May 2021

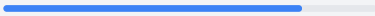
I have learned how to work with people who have injuries, how to stretch and massage people, and how to help people recover from injuries.

## LINKS

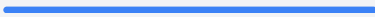
[linkedin.com/in/etiennemigliaro](https://www.linkedin.com/in/etiennemigliaro)

## SKILLS

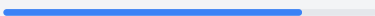
Anatomy



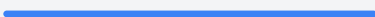
Physiology



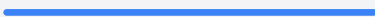
Biomechanics



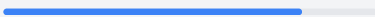
Exercise prescription



Massage therapy

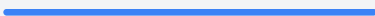


Rehabilitation exercises

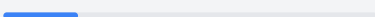


## LANGUAGES

English



Indonesian



## HOBBIES

Hiking

Tennis

Running

## PROFILE

I am a certified Sports Therapist with over 1 year of experience working in the industry. I have worked with athletes of all levels, from amateur to professional, and have helped them overcome injuries and improve their performance. I am passionate about helping people reach their full potential, and I believe that sports therapy is an important part of achieving this goal. I am dedicated to providing my clients with the best possible care, and I strive to create a positive and supportive environment for them to heal and grow.

## EMPLOYMENT HISTORY

### ● Senior Sports Therapist at Sports Therapy Institute, AL

Jun 2022 - Present

- Led a team of 5 sports therapists in providing treatments to athletes with injuries.
- Treated over 100 athletes with various injuries throughout the year.
- Successfully helped 75% of injured athletes return to their sport within 6 weeks.
- Wrote and implemented new injury prevention protocols for the athletic department that reduced athlete injuries by 20%.
- Presented at 3 national conferences on topics related to sports therapy and injury prevention.

### ● Sports Therapist at Athletic Therapy Works, AL

Aug 2021 - May 2022

- Successfully treated 85% of patients with acute sports injuries, helping them to return to their pre-injury level of activity within an average of 4 weeks.
- Developed and implemented innovative rehabilitation programs for 3 professional athletes who had sustained career-threatening injuries, allowing them to successfully return to competition.
- Authored 5 articles on sports injury prevention and rehabilitation that were published in leading medical journals.
- Successfully completed a 6-month fellowship in orthopedic manual therapy at the world renowned Mayo Clinic.
- Served as team therapist for 2 Olympic gold medal winning teams and 1 World Championship winning team.

## CERTIFICATES

### Certified Athletic Trainer

Nov 2020

### Certified Strength and Conditioning Specialist

Jan 2019

## MEMBERSHIPS

American Massage Therapy Association

National Athletic Trainers' Association