

# RAIZA FORSHT

Staff Nurse

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## PROFILE

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I am a Staff Nurse with over 3 years of experience in the medical field. I have worked in various settings, including hospitals, clinics, and private practices. I have gained a wealth of knowledge and skills that allow me to provide excellent care for my patients. I am passionate about nursing and committed to providing the best possible care for my patients.

## LINKS

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[linkedin.com/in/raizaforsht](https://www.linkedin.com/in/raizaforsht)

## SKILLS

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Nursing

Patient care

Communication

Documentation

Medication administration

Infection control

## LANGUAGES

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English

Russian

## HOBBIES

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Reading

Gardening

Crafting

## EMPLOYMENT HISTORY

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### ● Staff Nurse at Mayo Clinic, WI

May 2022 - Present

- Provided direct patient care for an average of 10 patients per shift.
- Monitored and documented patient vital signs, intake and output levels, and daily weights.
- Assisted with admissions, transfers, and discharge processes.
- Administered medication according to hospital policies and procedures.
- Provided education to patients and families on disease process, medications, treatments, diet/nutrition, and discharge planning.
- Participated in quality improvement initiatives.

### ● Associate Staff Nurse at Froedtert, WI

Jul 2019 - Mar 2022

- Trained new staff on the floor procedures – 4 weeks.
- Led a committee to review and update policies – 2 months.
- Successfully completed time management course – 1 week.
- Increased patient satisfaction scores by 10% - 6 months.
- Decreased medication errors by 15% - 3 months.
- Orienting and precepting 5 new graduate nurses- ongoing.

## EDUCATION

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### Associate Degree in Nursing at University of Wisconsin-Madison

Aug 2014 - May 2019

In the Associate Degree in Nursing program, I have learned how to effectively communicate with patients, families, and other healthcare professionals; how to provide quality nursing care; and how to work as part of a healthcare team.

## CERTIFICATES

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### Certified Emergency Nurse (CEN)

Apr 2021

### Certified Pediatric Nurse (CPN)

Jul 2019

## MEMBERSHIPS

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American Nurses Association

National League for Nursing