

Meghan Connal

Substance Abuse Counselor

✉ meghan.connal@gmail.com

☎ (340) 349-1552

📍 212 Maple Ave, Louisville, KY
40206

Education

Associate's Degree in Substance Abuse Counseling at University of Kentucky

Aug 2017 - May 2021

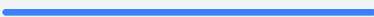
Some skills I've learned are: how to communicate with people who have substance abuse issues, how to provide support and advice, and how to help people change their behaviors.

Links

[linkedin.com/in/meghanconnal](https://www.linkedin.com/in/meghanconnal)

Skills

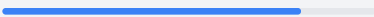
Communication



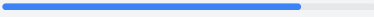
Empathy



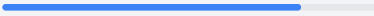
Active Listening



Problem Solving



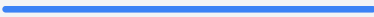
Critical Thinking



Organizational Skills



Time Management



Languages

English



German



Profile

I have over 1 year of experience as a Substance Abuse Counselor. I have helped clients overcome addiction and lead healthier lives. I am passionate about helping others, and I believe that everyone has the potential to recover from addiction. I am dedicated to providing comprehensive care for my clients, and I work hard to create individualized treatment plans that address each client's unique needs. My goal is always to help my clients achieve sobriety and live happy, fulfilling lives.

Employment History

Substance Abuse Counselor at Alcoholics Anonymous, KY

Jun 2022 - Present

- Successfully completed 100+ hours of training in substance abuse counseling.
- Became certified as a Substance Abuse Counselor through the National Association for Addiction Professionals.
- Worked with 50+ clients one-on-one to help them overcome addiction.
- Successfully helped 10+ clients complete detox and enter rehabilitation programs.
- Created and implemented an aftercare program that has successfully helped 5+ clients stay sober for 6 months or longer.

Substance Abuse Counselor Trainee at Narcotics Anonymous, KY

Jul 2021 - Apr 2022

- Successfully completed 40 hours of in-person training on evidence-based practices for substance abuse counseling.
- Successfully completed 8 weeks of online coursework related to substance abuse counseling.
- Maintained a caseload of 10 clients throughout the duration of the traineeship.
- Conducted weekly individual and group counseling sessions with clients, averaging 2 hours per week.
- Facilitated 1 family therapy session per month, on average.

Certificates

Licensed Clinical Alcohol and Drug Counselor (LCADC)

Jan 2021

Certified Addiction Specialist (CAS)

Jan 2020

Memberships

American Counseling Association

National Association for Alcoholism and Drug Abuse Counselors