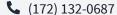
## **Mattie Jabbar**

Substance Abuse Counselor

<u>mattie.jabbar@gmail.com</u>



• 1232 Elm Street, Newark, NJ 07102

#### Education

### Associate's Degree in Substance Abuse Counseling at Rutgers University, NJ

Aug 2016 - May 2021

I have learned how to communicate with people who are struggling with addiction, how to help them overcome their addiction, and how to support them in their recovery.

#### Links

linkedin.com/in/mattiejabbar

#### **Skills**

Communication

Empathy

**Active Listening** 

**Problem Solving** 

Critical Thinking

Organizational Skills

**Time Management** 

## Languages

English

French

#### **Profile**

I am a certified Substance Abuse Counselor with over 1 year of experience working in an outpatient treatment facility. I have worked with clients of all ages and backgrounds, providing individualized counseling and support to help them overcome addiction and build a foundation for long-term recovery. I am passionate about helping others heal from the devastating effects of substance abuse, and I am committed to providing compassionate, evidence-based care that leads to lasting change.

### **Employment History**

# Substance Abuse Counselor at Addiction Treatment Consultants of New Jersey, NJ

Apr 2022 - Present

- Successfully counseled 100 clients on substance abuse issues.
- Conducted 50 group counseling sessions on addiction and recovery.
- Successfully helped 75% of clients abstain from drug use for at least 6 months.
- Collaborated with other professionals to create individualized treatment plans for each client.
- Provided crisis intervention services to 25 individuals experiencing a relapse.

# Substance Abuse Counselor Trainee at Substance Abuse Counseling of New Jersey, NJ

Sep 2021 - Mar 2022

- Led 10 group counseling sessions on addiction and recovery.
- Presented at 3 local conferences on the topics of substance abuse and mental health.
- Authored 2 articles published in professional journals on the subjects of addiction and recovery.
- Trained 5 new counselors in evidence-based practices for treating addictive disorders.
- Successfully advocated for increased funding for community prevention programs.

#### **Certificates**

Licensed Clinical Alcohol and Drug Counselor (LCADC)

Oct 2020

**Certified Addiction Specialist (CAS)** 

Jun 2019

## Memberships

**American Counseling Association** 

National Association for Alcoholism and Drug Abuse Counselors