

Mattie Jabbar

Substance Abuse Counselor

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📍 1232 Elm Street, Newark, NJ 07102

Education

Associate's Degree in Substance Abuse Counseling at Rutgers University, NJ

Aug 2016 - May 2021

I have learned how to communicate with people who are struggling with addiction, how to help them overcome their addiction, and how to support them in their recovery.

Links

[linkedin.com/in/mattiejabbar](https://www.linkedin.com/in/mattiejabbar)

Skills

Communication

Empathy

Active Listening

Problem Solving

Critical Thinking

Organizational Skills

Time Management

Languages

English

French

Profile

I am a certified Substance Abuse Counselor with over 1 year of experience working in an outpatient treatment facility. I have worked with clients of all ages and backgrounds, providing individualized counseling and support to help them overcome addiction and build a foundation for long-term recovery. I am passionate about helping others heal from the devastating effects of substance abuse, and I am committed to providing compassionate, evidence-based care that leads to lasting change.

Employment History

Substance Abuse Counselor at Addiction Treatment Consultants of New Jersey, NJ

Apr 2022 - Present

- Successfully counseled 100 clients on substance abuse issues.
- Conducted 50 group counseling sessions on addiction and recovery.
- Successfully helped 75% of clients abstain from drug use for at least 6 months.
- Collaborated with other professionals to create individualized treatment plans for each client.
- Provided crisis intervention services to 25 individuals experiencing a relapse.

Substance Abuse Counselor Trainee at Substance Abuse Counseling of New Jersey, NJ

Sep 2021 - Mar 2022

- Led 10 group counseling sessions on addiction and recovery.
- Presented at 3 local conferences on the topics of substance abuse and mental health.
- Authored 2 articles published in professional journals on the subjects of addiction and recovery.
- Trained 5 new counselors in evidence-based practices for treating addictive disorders.
- Successfully advocated for increased funding for community prevention programs.

Certificates

Licensed Clinical Alcohol and Drug Counselor (LCADC)

Oct 2020

Certified Addiction Specialist (CAS)

Jun 2019

Memberships

American Counseling Association

National Association for Alcoholism and Drug Abuse Counselors