

ALEXIS ALDAVA

Substance Abuse Nurse

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3170 Chatham Way, Columbus, OH 43221



PROFILE

I have over 1 year of experience working as a Substance Abuse Nurse. I have provided care to patients suffering from addiction and helped them through detoxification and withdrawal management. I am familiar with the 12-step program and have worked with patients in both inpatient and outpatient settings. I am passionate about helping those struggling with addiction, and I believe that nurses can make a difference in the lives of these individuals.

LINKS

[linkedin.com/in/alexxisaldava](https://www.linkedin.com/in/alexxisaldava)

SKILLS

Nursing



Substance Abuse



Health Care



Patient care



Communication skills



Organizational skills



Critical thinking



LANGUAGES

English



Mandarin



EMPLOYMENT HISTORY

● Substance Abuse Nurse at Cleveland Clinic, OH

May 2022 - Present

- Successfully completed a 12-week intensive outpatient program for substance abuse with 75% of patients remaining abstinent from substances at 6-month follow up.
- Successfully implemented an evidence based practice model for the treatment of co-occurring disorders which resulted in a decrease in psychiatric hospitalizations by 50%.
- Successfully created and piloted a 12 step support group for families affected by addiction which is now being offered on a weekly basis.
- Conducted trainings on recognizing and intervening with clients presenting with signs of Substance Use Disorder to staff at local shelters, resulting in earlier identification and referral to appropriate services.
- Served as preceptor to 5 new nurses over the course of 1 year, providing guidance and mentorship around working with this population.

● Substance Abuse Nurse Manager at Ohio State University, OH

Aug 2021 - Apr 2022

- Reduced the length of stay for detox patients by an average of 3 days.
- Developed and implemented a new inpatient treatment program that reduced readmissions by 30%.
- Successfully advocated for additional funding from the state government to support substance abuse programs.
- Created and oversaw a successful outreach program that connected over 500 individuals with treatment services.
- Led a team of 15 nurses in providing direct care to patients with substance use disorders.

EDUCATION

Associate's Degree in Nursing at Ohio State University

Sep 2016 - May 2021

I have learned how to provide care to patients, how to work as part of a healthcare team, and how to use technology to support patient care.

CERTIFICATES

Certified Substance Abuse Nurse (CSAN)

Feb 2021

Certified Clinical Supervisor for Addiction Professionals (CCSAP)

Nov 2019